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Peer review history for:

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Reviewer F: Round 1 Date completed: 20 January 2024 Recommendation: Accept / Revisions required / Resubmit for review / Decline Conflicts of interest: None

Does the manuscript fall within the scope of SAJS? Yes/No Is the manuscript written in a style suitable for a non-specialist and is it of wider interest than to specialists alone? Yes/No Does the manuscript contain sufficient novel and significant information to justify publication? Yes/No Do the Title and Abstract clearly and accurately reflect the content of the manuscript? Yes/No Is the research problem significant and concisely stated? Yes/No Are the methods described comprehensively? Yes/No Is the statistical treatment appropriate? Yes/No/Not applicable/Not qualified to judge Are the interpretations and conclusions justified by the research results? Yes/Partly/No Please rate the manuscript on overall contribution to the field Excellent/Good/Average/Below average/Poor Please rate the manuscript on language, grammar and tone Excellent/Good/Average/Below average/Poor Is the manuscript succinct and free of repetition and redundancies? Yes/No Are the results and discussion confined to relevance to the objective(s)? Yes/No The number of tables in the manuscript is Too few/Adequate/Too many/Not applicable The number of figures in the manuscript is Too few/Adequate/Too many/Not applicable Is the supplementary material relevant and separated appropriately from the main document? Yes/No/Not applicable Please rate the manuscript on overall quality

Excellent/Good/Average/Below average/Poor

Is appropriate and adequate reference made to other work in the field?

Yes/No

Is it stated that ethical approval was granted by an institutional ethics committee for studies involving human subjects and non-human vertebrates?

Yes/No/Not applicable

If accepted, would you recommend that the article receives priority publication?

Yes/**No**

Are you willing to review a revision of this manuscript?

Yes/**No**

Select a recommendation:

Accept / Revisions required / Resubmit for review / Decline

With regard to our policy on '<u>Publishing peer review reports</u>', do you give us permission to publish your anonymised peer review report alongside the authors' response, as a supplementary file to the published article? Publication is voluntary and only with permission from both yourself and the author. **Yes**/No

Comments to the Author:

The paper South Africa's food system: an industry perspective on past, present and future applications of science & technology addresses an important topic. The paper consists of a rather lengthy background section, a short materials and methods section, results and discussion and concluding remarks.

Consider the following comments as justification for my review of the paper.

Some statements lack evidence in the form of references to support them – notably the first paragraph (L34-36), also L84-85.

The abbreviations SAFBI, SAFBMI, PFBC and FBS are used but not explained in the text. These form an important part of section headings and even the study aim.

In some parts, the tense of descriptions need to be corrected. L146 will be used should be were used. L151 ...the study will use.. should be the study used... See also L 162, 165

I am confused by the aim of the study. Compare L130 - 132 and 136 - did the aim change from one paragraph to the next.

The materials and methods are presented as four parts. Too limited information is provided on the exact methodologies applied which precludes reproducibility of the different parts of the study. For example, a reader will have to search what the Access to Nutrition Index methodology implies, where it was applied previously and why it is presented as a suitable methodology considering that no reference to the methodology is provided. L152 a reference for Access to Nutrition Index methodology is required. L199 how does the ATNI measurement work and how was it applied here? What was the modification? L138 How were the data sets converted into per capita consumption figures? What were the source/s utilised for the purpose? L148 – data analysed how? The methodology and results informing Part 4 on the map for underutilised and emerging food sources to address food security lacks detail on the number of respondents involved. Part 4 refers to a literature review that was conducted – it is not clear whether the review is also presented as part of the results as expected.

The connection/s between the four parts presented in Materials and methods and the "Results and Discussion" section and even the figures is not clear. The conclusion section introduces new information and the conclusions based on the findings of the four parts of the study is not justified clearly.

The authors have provided an explicit statement of approval by an institutional ethics committee for a study that involve human subjects but the details (e.g. number of subjects) is not presented very clearly in

the materials and methods. I note that some assumed respondents are identified as personal communication – did the respondents agree to this?

Some more specific comments

L179 – which study is referred to here? – what is the comparison? Compared to ?

L187 – when was the study conducted – this to put the increase since 2003 into context.

L196 – over what time period is referred to by the statement ... over this time period?

L198 – does bottled include cans – why not rather refer to softdrinks as prepared from cordials and reconstituted cooldrink powders may potentially be part of the category

L202, 207 Which study found? If it is the study reported here then where is the evidence presented? The methodology used is not clear and there is no reference for ATNI.

L223 – Need a reference for this information on Tiger Brands – when was recently launch; same applies for L240 and L241

L226 sentence not clear

L238 clarify if this refers to cell-based meat, cell based seafood and cell-based algae?

L243 how many respondents were involved? And how many were of this view.

L246 When was the report published?

L246 - 249 Reference for this information?

L250 Do you mean according to the exchange rate for 2011?

L250 does that mean the number of full-time researchers remained the same or decreased – ideally expressed on a change in population size basis.

L256 – a reference for the project is required.

L258 – the evaluation of the credibility of this source will be improved if it is made clear who and what this person is e.g. occupation/position, company. Same applies to L260 Bessa Personal communication should be reported as Ms Leah Bessa (role/position, company ; personal communication) to put the statement reported in context.

L296 - 299 A conclusion should conclude on the information that was reported . No totally new information e.g. reference to Israel's innovative technology should emerge in the conclusion that was not presented in the text. At present the conclusion section reads like a personal viewpoint of the authors Fig 1: Define GHG

Fig 2: The figure needs to be revised? Which measure is indicated on the y and z axes, respectively? For the y axis, the reference point should be 0 and negative values should be indicated downwards from 0. How is per capita kg value consumption indicated as a negative value?

Fig 3 I cannot interpret this fig based on the information provided. It is not clear what the score analysis refers to. The time horizon is not clear to me.

Author response to Reviewer F: Round 1

Some statements lack evidence in the form of references to support them – notably the first paragraph (L34-36), also L84-85.

AUTHOR: These are elaborated further in the Background regarding hunger and spend on food as a % of income.

The abbreviations SAFBI, SAFBMI, PFBC and FBS are used but not explained in the text. These form an important part of section headings and even the study aim.

AUTHOR: I have corrected this to SAFBI and amended FBS to Food Balance Sheets.

In some parts, the tense of descriptions need to be corrected. L146 will be used should be were used. L151 ...the study will use.. should be the study used... See also L 162, 165

AUTHOR: All corrected to past tense

I am confused by the aim of the study. Compare L130 – 132 and 136 – did the aim change from one paragraph to the next.

AUTHOR: I have explained this is a compilation of 4 studies and now numbered them.

The materials and methods are presented as four parts. Too limited information is provided on the exact

methodologies applied which precludes reproducibility of the different parts of the study. For example, a reader will have to search what the Access to Nutrition Index methodology implies, where it was applied previously and why it is presented as a suitable methodology considering that no reference to the methodology is provided. L152 a reference for Access to Nutrition Index methodology is required. L199 how does the ATNI measurement work and how was it applied here? What was the modification?

AUTHOR: All corrected. Have added the reference to the ATNI methodology and described the modifications.

L138 How were the data sets converted into per capita consumption figures? What were the source/s utilised for the purpose? L148 – data analysed how?

AUTHOR: The population data was used consumption data to per capita data.

The methodology and results informing Part 4 on the map for underutilised and emerging food sources to address food security lacks detail on the number of respondents involved. Part 4 refers to a literature review that was conducted – it is not clear whether the review is also presented as part of the results as expected.

AUTHOR: The number of respondents has been indicated now and the fact the literature review is not included in this paper has been stipulated.

The connection/s between the four parts presented in Materials and methods and the "Results and Discussion" section and even the figures is not clear.

AUTHOR: Sub-headings have been provided in the Materials and Methods and Results and Discussion to help provide clarity.

The conclusion section introduces new information and the conclusions based on the findings of the four parts of the study is not justified clearly.

AUTHOR: Have move the new information piece to Results and Discussion

The authors have provided an explicit statement of approval by an institutional ethics committee for a study that involve human subjects but the details (e.g. number of subjects) is not presented very clearly in the materials and methods. I note that some assumed respondents are identified as personal communication – did the respondents agree to this? Yes, I requested their permission.

AUTHOR: Some more specific comments

L179 – which study is referred to here? – what is the comparison? Compared to ?

AUTHOR: Sub-headings have been provided in the Materials and Methods and Results and Discussion to help provide clarity.

L187 – when was the study conducted – this to put the increase since 2003 into context.

AUTHOR: The year has been indicated now.

L196 - over what time period is referred to by the statement ... over this time period?

AUTHOR: Amended the sentence to indicate the role of grants on poverty and nutrition outcomes.

L198 – does bottled include cans – why not rather refer to softdrinks as prepared from cordials and

reconstituted cooldrink powders may potentially be part of the category

AUTHOR: Sentence has been deleted.

L202, 207 Which study found? If it is the study reported here then where is the evidence presented? The methodology used is not clear and there is no reference for ATNI.

AUTHOR: Sub-headings have been provided in the Materials and Methods and Results and Discussion to help provide clarity. Reference to ATNI has been provided.

L223 – Need a reference for this information on Tiger Brands – when was recently launch; same applies for L240 and L241

AUTHOR: References have been included.

L226 sentence not clear

AUTHOR: Sentence has been deleted.

L238 clarify if this refers to cell-based meat, cell based seafood and cell-based algae?

AUTHOR: Corrected.

L243 how many respondents were involved? And how many were of this view.

AUTHOR: Corrected.

L246 When was the report published?

AUTHOR: 2019 and have now indicated this.

L246 - 249 Reference for this information?

AUTHOR: Reference indicated.

L250 Do you mean according to the exchange rate for 2011?

AUTHOR: Sentence removed.

L250 does that mean the number of full-time researchers remained the same or decreased – ideally expressed on a change in population size basis.

AUTHOR: Sentence removed.

L256 – a reference for the project is required.

AUTHOR: Reference provided.

L258 – the evaluation of the credibility of this source will be improved if it is made clear who and what this person is e.g. occupation/position, company. Same applies to L260 Bessa Personal communication should be reported as Ms Leah Bessa (role/position, company ; personal communication) to put the statement reported in context.

AUTHOR: I have included positions and company's

L296 - 299 A conclusion should conclude on the information that was reported . No totally new information e.g. reference to Israel's innovative technology should emerge in the conclusion that was not presented in the text. At present the conclusion section reads like a personal viewpoint of the authors

AUTHOR: Moved reference to Results and Discussion

Fig 1: Define GHG

AUTHOR: Spelt the acronym out.

Fig 2: The figure needs to be revised? Which measure is indicated on the y and z axes, respectively? For the y axis, the reference point should be 0 and negative values should be indicated downwards from 0. How is per capita kg value consumption indicated as a negative value?

AUTHOR: Corrected reference point to 0.

Fig 3 I cannot interpret this fig based on the information provided. It is not clear what the score analysis refers to. The time horizon is not clear to me.

AUTHOR: Included reference to time horizons

Reviewer H: Round 1 Date completed: 11 December 2023 Recommendation: Accept / Revisions required / Resubmit for review / Decline Conflicts of interest: None

Does the manuscript fall within the scope of SAJS?

Yes/No

Is the manuscript written in a style suitable for a non-specialist and is it of wider interest than to specialists alone?

Yes/No

Does the manuscript contain sufficient novel and significant information to justify publication?

Yes/No

Do the Title and Abstract clearly and accurately reflect the content of the manuscript?

Yes/No

Is the research problem significant and concisely stated?

Yes/No

Are the methods described comprehensively?

Yes/No

Is the statistical treatment appropriate?

Yes/No/Not applicable/Not qualified to judge

Are the interpretations and conclusions justified by the research results?

Yes/Partly/No

Please rate the manuscript on overall contribution to the field

Excellent/Good/Average/Below average/Poor

Please rate the manuscript on language, grammar and tone

Excellent/Good/Average/Below average/Poor

Is the manuscript succinct and free of repetition and redundancies?

Yes/No

Are the results and discussion confined to relevance to the objective(s)?

Yes/No

The number of tables in the manuscript is

Too few/Adequate/Too many/Not applicable

The number of figures in the manuscript is

Too few/Adequate/Too many/Not applicable

Is the supplementary material relevant and separated appropriately from the main document?

Yes/No/Not applicable

Please rate the manuscript on overall quality

Excellent/Good/Average/Below average/Poor

Is appropriate and adequate reference made to other work in the field?

Yes/No

Is it stated that ethical approval was granted by an institutional ethics committee for studies involving human subjects and non-human vertebrates?

Yes/No/Not applicable

If accepted, would you recommend that the article receives priority publication?

Yes/No

Are you willing to review a revision of this manuscript?

Yes/No

Select a recommendation:

Accept / Revisions required / Resubmit for review / Decline

With regard to our policy on '<u>Publishing peer review reports</u>', do you give us permission to publish your anonymised peer review report alongside the authors' response, as a supplementary file to the published article? Publication is voluntary and only with permission from both yourself and the author.

Yes/No

Comments to the Author:

The article is well-written, and the figures accurately summarise vital findings. Although some of the proposed solutions provided could be seen as 'challenging' to say the least, in my view and opinion it is accurate and demonstrates valuable insight into the food and beverage industry In SA. However, one additional aspect I would recommend including is to reference the current situation in SA and compare this with the UN sustainability goals, especially regarding the 'ZERO Hunger' goal, which I think would be extremely valuable to contextualise the problem statement. Overall, well done!

[See Appendix 1 for Reviewer H's comments made directly on the manuscript]

Author response to Reviewer H: Round 1

The article is well-written, and the figures accurately summarise vital findings. Although some of the proposed solutions provided could be seen as 'challenging' to say the least, in my view and opinion it is accurate and demonstrates valuable insight into the food and beverage industry In SA. However, one additional aspect I would recommend including is to reference the current situation in SA and compare this with the UN sustainability goals, especially regarding the 'ZERO Hunger' goal, which I think would be extremely valuable to contextualise the problem statement. Overall, well done!

Included context of SDG's. Furthermore all changes indicated in the comments in the document have been addressed.

SOUTH AFRICA'S FOOD SYSTEM: AN INDUSTRY PERSPECTIVE ON PAST, PRESENT AND FUTURE APPLICATIONS OF SCIENCE & TECHNOLOGY

The South African food system face severe challenges is failing as increases in hunger, rising food costs, lack of dietary diversity.

Abstract

child stunting, foodborne illnesses, food waste and an obesity epidemic coupled with malnutrition are 7 observed. The study aimed to establish the application of science and technology advances in the food and 8 9 beverage industry in South Africa in response to food consumption pattern changes since 1994 and how they could be used to address food security challenges. The study found that food consumption shifts have been 10 11 towards sugar-sweetened beverages, processed and packaged food, animal-source foods, added caloric 12 sweeteners and away from vegetables. These dietary shifts are concerning as it relates to public health. The 13 study found that most commitments to improve the nutrition status of South Africans were limited to corporate social investment strategies and should be extended into core business strategies. Furthermore, the study 14 15 showed that while the South African food and beverage industry keeps pace with developments in food 16 manufacturing practices, there is little experimentation with non-commercial novel technologies. The expert 17 survey revealed that indigenous African crops and food waste recovery are the two most promising emerging food sources that could be available to South Africans in the shortest timeframe. South Africa has many 18 19 enabling drivers to become a global leader powerhouse of food technology advances. However, many barriers need to be

20 overcome so that industry, academia and government collaborate to advance novel food science and 21 technologies to reach commercialisation.

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Significance

- Drivers and consequences of food consumption changes in South Africa were modelled and broad food
 consumption trends between 1994 to 2009/2012 were identified.
- For the first time, the Access to Nutrition Index methodology was applied to South African-owned food
 companies to identify strategies to enhance nutrition practices. Companies need to do more to deliver
 affordable and accessible products.
- Drivers and barriers to adopting advanced food science and technology were modelled. A collective
 ecosystem approach with industry, academia and government mobilisation around critical areas like
 hunger, malnutrition and poverty could be a way to tackle the failing food system.
- 32

Background

34	There are clear signs that the South African food system is failingfacing severe challenges, as increases in
	hunger, rising food costs,

35 lack of dietary diversity, child stunting, foodborne illnesses, food waste and an obesity epidemic coupled with 36 malnutrition are observed.

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Various factors affect food consumption; including accessibility, availability and choice. Food intake choices 38 are influenced by several factors such as geography, location, season, history, education, demographics, 39 40 disposable income, government and other support services, urbanisation, globalisation, marketing, religion, 41 culture, social networks, convenience, time and consumer attitudes¹⁻⁴. Consequences are associated with 42 changes to food consumption patterns, including health and environmental impacts¹. It would be expected 43 that changes in food consumption patterns would impact the food and beverage industry through product 44 innovation demand, increased production capacity and efficiency improvements, applications of new science 45 and technology, increased regulation on foodstuffs and advancements in the value chain from raw materials, 46 processing and distribution.

47

48 Various food and nutrition-related studies conducted at provincial or community levels over the past few 49 decades have reported that South Africans adopt more Western-oriented diets. South Africans consume a 50 diet low in dietary variety, with informal urban areas worst affected^{7,8}. Based on a study by Steyn et al.⁹, which 51 analysed dietary surveys, the South African adult population frequently consumed maize, sugar, tea, brown and white bread, non-dairy creamer, brick margarine, chicken meat, full-cream milk, and green leaves. Almost 52 half (48%) of adult South Africans reported eating out of the home. Regarding frequency, most said they ate 53 54 outside the home monthly (28.7%) and weekly (28.3%).7 There has never been a national dietary survey of 55 adults in South Africa, and there was only one national study on food consumption related to children aged 1 - 9 years old in 1999^{9,10}. Furthermore, a study by Steyn et al.¹¹ to determine if mandatory fortification 56 57 implemented in 2003 had improved micronutrient dietary intake concluded that there is a lack of dietary intake 58 studies and again highlighted the need for a national survey of children's dietary intake. Therefore, data on 59 food consumption nationally is outdated and does not include all age groups, nor is there comprehensive data 60 analysing trends in packaged foods and beverages consumption.

61

62 The drivers of food consumption changes since 1994 in South Africa can be described through the 63 environmental scanning technique of political, economic, social, technological, legal and environmental 64 (PESTLE) factors. These ultimately lead to consequences for public health and the food system, as shown in 65 Figure 1.

66

67 The significant political change for South Africa in the last 30 years was the end of Apartheid, culminating in 68 the first democratic election on 27 April 1994. The post-Apartheid Government put various economic and **Commented [A1]:** Probably one of the biggest challenges remains cost?

transformation plans in place, which resulted in increased income per capita and the rise of the black middle 69 70 class with significant spending power.¹² After economic and trade restrictions were lifted, social shifts occurred, such as increasing urbanisation, as the black population moved permanently from rural to urban areas looking 71 72 for a better life.¹³ Unfortunately, the last decade saw a slowdown in economic growth due to policy uncertainty 73 and energy constraints.¹⁴ Despite progressive legislative measures, women remain underrepresented in the 74 workplace¹⁵. More than half the population still lives in poverty, and South Africa remains one of the most 75 unequal countries in the world¹⁶. Unemployment in 2019 was 28.7%¹⁴, with youth unemployment the most 76 significant at 55% in 2019¹⁷.

77

78 Trade liberalisation post-Apartheid saw international food and beverage companies entering South Africa, 79 thereby increasing competition for local players and forming partnerships. This resulted in rising global brand 80 exposure and marketing to South Africans^{4,18}. Furthermore, supermarkets have grown significantly, especially in township areas, accounting for about 60% of retail sales¹⁹⁻²⁰. The South African food and beverage 81 82 manufacturing industry is dominated by a limited number of large national and multinational companies that control production capacity and sales across multiple food categories. The ten largest packaged food 83 84 companies in South Africa accounted for 43.5% of total packaged food sales in 2020.21 This is a result of the 85 technical barriers to entry imposed by the apartheid government.

86

Access to essential services like water, sanitation and electricity has advanced in post-Apartheid South Africa 87 with 84% of households in 2020 having access to electricity, up from 50.9% in 1994^{12,16}. This created a 88 89 demand for durable goods such as refrigerators, ovens and microwaves, offering broader food choices due to 90 the expanded food preparation and storage options. Socioeconomic trends in South Africa, such as urbanisation and population growth, are projected to double the demand for commodities and increase the 91 92 need for high-value foods like dairy and meat by 200%. As consumers become less trusting of the 'faceless' 93 food and beverage industry and more aware of the effects of food production on the environment, they are 94 increasingly considering product guality attributes such as food safety, nutrition, organic production, fair trade, free range, animal friendly and locally grown when making food choices^{23,24}. 95

96

Regarding legal drivers, the Department of Health has implemented regulations on the food and beverage
industry in an effort to improve public health. These regulations require fortifying staple foods, limiting salt in
some foods, and taxing sugary drinks.

100

Global food production is the single most significant driver of environmental degradation and transgression of planetary boundaries impacting climate change and ecosystem resilience.²⁵ Current food systems are responsible for approximately one-quarter of anthropogenic greenhouse gas (GHG) emissions. They are a leading cause of deforestation, biodiversity loss, freshwater use and water pollution and are also ineffective in feeding people adequately.²⁶ South Africa's food system contributes 15 to 20% of GHG emissions.²⁷ Eighty **Commented [A2]:** I think there are various other factors, which further contributed to the slowdown of economic growth, not only policy and energy constraints? Maybe elanorate on some of these, i.e. unemployemeny, social unrest, inflation, lack of basic services (water, sanitation) etc.

Commented [A3]: It would be interesting to have Rand values added, i.e. the 43,5% = XXX R value and is X % of GDP?

Commented [A4]: I would definitely check my references or at least add better references than the Presiddency of SA?

percent of South African land is suitable for livestock farming; overgrazing on erosion-prone soils has led to 106 107 widespread land degradation, dramatically reducing soil carbon storage.²² Food production and processing are energy intensive, especially in a country dependent on coal-fired energy sources, substantially increasing 108 109 the system's carbon footprint²². South Africa is a water-scarce country, with water fast becoming a crisis²⁸. A staggering 10 million tonnes of food (about one-third) go to waste in South Africa²⁹⁻³¹. The bulk of this loss 110 (49%) arises from the processing and packaging stage and 18% from the consumption stage³¹. This is of great 111 112 concern due to the substantial portion of discarded food still being edible, the loss in potential value if food 113 waste is disposed of together with the related wasted resources and emissions in producing the food in the 114 first place30,32.

115

The RethinkX report suggests that the world is on the edge of revolutionary disruption in food and agricultural 116 117 production.33 This results in uncoupling from land and sea resources to novel protein sources derived from bacteria, yeasts and fungi³³⁻³⁵. Science and technology are constantly developing to tackle the challenges of 118 119 globalisation, sustainability, and the requirement for stable and secure supply³⁶⁻³⁸. Regulatory authorities are 120 also putting pressure on the food processing industry to minimise its impact on the environment³⁶⁻³⁸. Moreover, 121 consumers demand safer, higher quality, and minimally processed food. According to a survey conducted in the UK food and beverage industry, the use of advanced technology has been linked to enhancements in 122 123 product quality, cost savings, and the development of new products, despite the increasing need to improve sustainability and resource efficiency.³⁹ The study identified emerging technology trends, including improving 124 125 efficiency, productivity, sustainability, and reducing salt and fat content.³⁹ No comprehensive research for 126 South Africa related to applying advanced science and technology developments or emerging technology 127 trends. However, it would be expected that the SAFBMI has adopted advances in science and technology to 128 keep pace with the evolving South African consumer, regulatory and competitive landscape.

129

130 This study aims to investigate how SAFBMI has utilised scientific and technological advancements to tackle 131 changes in food consumption patterns since 1994 and how these advancements can address food security 132 challenges faced by South Africans.

133

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Materials & Methods

135 Establish food consumption shifts since 1994

This study aims to examine changes in the consumption of packaged foods in South Africa since the end of Apartheid. The FAOSTAT FBS and Euromonitor Passport databases were used to gather comprehensive and comparable national data on food items consumed. Both exported data sets were converted into per capita consumption figures to account for population growth. Intervals of five-year periods, from 1994 to 2009, for FAOSTAT FBS data and from 1999 to 2012 for EUROMONITOR PFBC data were compared. Time overlaps were examined in 1999, 2004 and 2009. **Commented [A5]:** What does SAFBMI refer to? South African Food and Beverage Industry.

142 Determine science and technology advances by SAFBI

143 The study will explore how advancements in science and technology and investments made by the food and 144 beverage industry can meet changing food consumption patterns and maintain competitiveness. South African 145 food and beverage industry trade magazines covering reported applications and investments in advanced 146 science and technology developments will be used to source this data. A database was created by collecting 147 articles from the SA Food Review from 1986 to 2012 and the SA Food and Beverage Reporter from 1995 to 148 2012. The data was analysed to identify trends in applying science and technology.

149

150 Determine nutrition practices by SAFBI

As the SAFBMI reaches every household and South Africa has significant health concerns, the study will use 151 152 a modified version of the Access to Nutrition Index (ATNI) methodology to assess how nutrition practices are integrated into the core of business practices. The ATNI is a global initiative that evaluates the largest food 153 154 and beverage manufacturers' policies, practices and disclosure related to nutrition and the degree to which these are embedded in core business functions. Data was gathered from company websites and annual 155 156 integrated reports for 2013 and 20. The nutrition performance of the top three South African food and beverage manufacturers over three years (between 2013 and 2016) was then evaluated to understand if improvements 157 158 are being made in this area.

159

160 Establish and map underutilised and emerging food sources to address

161 food security

162 A literature review will be conducted to identify underutilised or emerging new food sources that could provide 163 a solution to providing safe, affordable and nutritious food for vulnerable South Africans. A survey will then be designed around criteria related to affordability, nutrition, safety, consumer acceptance and regulatory 164 environment. A quantitative expert survey will be conducted with South African food professionals from 165 166 industry, academia and government to evaluate the identified underutilised or emerging new food sources 167 against a set of criteria to determine the most promising and in what timeframe these could be expected to be available to South Africans. Ethics clearance for the quantitative expert survey was received from the 168 169 University of [anonymised by journal administrator] on 15 July 2021 with project number [anonymised by 170 journal administrator]. Based on the findings from these combined studies, barriers and drivers will be 171 identified for key role players to utilise and harness science and technology to improve food security for all 172 South Africans.

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Results & Discussion

175 Food consumption patterns in South Africa have undergone significant changes over the past few decades 176 and are expected to continue evolving. Over the last few decades, various community and provincial-level 177 studies indicate that food consumption shifts in South Africa have been towards a more Western-orientated 178 diet, with nutritional consequences contributing to increased obesity and other non-communicable diseases. 179 The study's results suggest that people consume more kilojoules per day, with a preference for sugar-180 sweetened drinks, processed and packaged foods (including vegetable oils), animal-based products, and 181 added sweeteners. Unfortunately, this shift is leading to a decreased consumption of vegetables (as seen in 182 Figure 2). The main factors driving this trend are convenience, nutrition, health, and indulgence. These 183 changes in eating habits are problematic due to their nutritional content and potential impact on public health.

184

The consequences of food consumption shifts in South Africa from a public health perspective have 185 186 unfortunately resulted in increased obesity and other non-communicable diseases^{5,40,41}. Data from the SANHANES-1 survey revealed that 39% of women and 25% of men were obese and that obesity has 187 188 increased since 2003.7 Diabetes affects 12.6% of adult women and 9.7% of adult men.7 Unfortunately, South 189 Africa has made limited progress in reducing stunting in children under five years old, with 27% stunted.⁴² 190 Even though the SANHANES-1 survey indicates that anaemia and iron status have improved, poor micronutrient status remains common among young children.⁴³ South Africa suffers from a double burden of 191 192 disease where over and under-nutrition are a reality. One in five South Africans (24%) in September 2020 was 193 affected by moderate to severe food insecurity, while almost 15% experienced severe food insecurity.⁴⁴ Poorer 194 households can spend more than 40% of their total expenditure on food compared to the national average of 13%.⁴³ Unfortunately, most South Africans cannot afford to maintain a healthy diet.⁴⁵ Without government 195 196 grants, poverty and household food security would have worsened even further over this time.14

197

198 Fast food, bottled soft drinks, and multinational food companies are often linked to the rise of noncommunicable diseases both locally and globally^{4,5}. The ATNI measures how companies incorporate nutrition 199 200 practices into their business operations. This is conducted independently for the world's largest Food and 201 Beverage companies. No similar assessment or study is available for South African Food and Beverage 202 companies. The study found that most commitments to improve the nutrition status of South Africans were 203 limited to corporate social investment strategies and programmes and should be extended into core business 204 strategies to fully leverage the market and corporate reputation opportunity that this offers. Nutrition could be 205 more explicitly incorporated into business strategy with senior leadership responsibility. Transparency and 206 reporting on research and development (R&D) programmes related to product formulation could be improved. 207 This study found that the market opportunity to reach underserved consumers with optimal affordable and 208 nutritious products has not been realised.

- 210 Food and beverage multinationals traditionally spend far less in R&D (only accounting for 3% of total R&D
- spent globally in 2016) than other sectors like healthcare, automotive and technology.⁴⁶ The study examined how advances in science and technology and investments made by the food and beverage industry are being

213 utilised to adapt to changes in food consumption patterns and maintain competitiveness. According to the 214 study, SAFBMI seems to adapt well to advancements in food manufacturing, such as automation, guality 215 control, material handling, and centralised distribution centres with warehouse management systems. 216 However, there is a lack of experimentation with non-commercial innovative technologies. Cilliers and 217 Carinus⁴⁷ point out the innovation paradox where established businesses, in an attempt to ensure predictability 218 and maintain high turnover and profits, soon spiral into low-innovation, low-risk, low-reward cycles. Start-ups 219 can guickly innovate and adapt to consumer needs but lack the financial resources and credibility to deliver 220 goods at scale. Some global Food and Beverage companies have created venture capital divisions to invest 221 in food tech start-ups that are seen as an extension of their R&D departments and far less risky than significant 222 merger and acquisition deals.⁴⁶ This is an example for South African Food and Beverage manufacturers to 223 follow. It is promising to see Tiger Brands utilising its recently launched venture capital fund to invest in the 224 plant-based protein start-up Herbivore Earthfoods.

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226 Food tech start-ups recognise the innovation opportunity with this shift away from traditional agricultural 227 production. Venture investors are increasing investments in food tech start-ups, especially those creating new types of food and production methods.⁴⁸ Global investment into food tech reached a record \$12.8 billion in 228 229 2021, significantly up from \$2.2 billion in 2017, where half of this investment went to companies creating 230 alternatives to traditionally produced meat, seafood and dairy products.48 It is expected that food tech 231 investment is likely to grow further. A further study objective was to identify underutilised or emerging new 232 food sources that could provide safe, affordable, putritious foods relevant to South Africans. The findings 233 suggest that indigenous African crops and food waste recovery are the two of the most promising emerging 234 food sources available to South Africans in the next 3 - 5 years that meet the need for affordable, nutritious, 235 safe and culturally appropriate food (Figure 3). Fermentation (precision and biomass) and insects for human 236 consumption were assessed to become available to South Africans in less than 5 - 10 years (Figure 3). The 237 two underutilised or emerging food sources thought to have the most extended time frame of 5 - 10 years to 238 commercialisation were cell-based meat and seafood and algae, with cell-based meat and seafood seen as 239 not being able to meet all the criteria of affordable, nutritious, safe and culturally appropriate food (Figure 3). 240 South Africa already has start-ups innovating in cell-based meat (Mzansi Meats and Mogale Meats) and 241 precision fermentation (De Novo Dairy).

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243 Respondents in this study indicated that for any underutilised or emerging food source or technology to reach 244 the South African retail shelves, there needs to be investment from industry, governments, and academia into 245 research, technical capability building and scale-up infrastructure through commercialisation. According to a report conducted by Mouton et al.49, South Africa invests too little in R&D. Gross Domestic Expenditure on 246 R&D (GERD)/Gross Domestic Product (GDP) has remained unchanged at around 0.8% for the last fifteen 247 248 years compared to an elusive national target of 1%, resulting in South Africa being ranked 44th on GERD/GDP 249 in 2015. South Africa's total public agricultural research spending has increased from an estimated R1.3 billion in 1971 to R1.9 billion in 2014 (both in 2011 prices).⁴⁹ However, the number of full-time researchers in the 250 broad field of agriculture has not increased between the early 1980s and 2014.49 Patent applications (a proxy 251 252 for research and innovation) registered by South African residents are low and have stagnated over the last

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253 35 years.⁵⁰ Fortunately, there has been growth in academic pipelines for master's and doctoral graduates, 254 increased publications, and significant participation of black people and women in the R&D workforce^{16,49}. Food sciences and technology feature second in publishing scientific research papers under agricultural 255 256 sciences⁴⁹. It is promising to see research projects like InnoFoodAfrica trying to increase dietary diversity by 257 developing affordable, nutrient-dense and healthy food products from local African crops. According to 258 KaMshayisa (personal communication), There is also research across multiple academic institutions on 259 insects, from techno-functional properties, allergenicity and microbial aspects to new product development for 260 human food. Bessa (personal communication) states that research in South Africa is relatively cost-effective, 261 and significant research can be conducted at a fraction of the cost to overseas universities. Bessa (personal 262 communication) also pointed out that South Africa lacks pilot plants' scale-up capabilities or co-manufacturing 263 scale-up facilities to bring new technologies to market. This means that trials often need to be conducted 264 overseas, which is complicated, costly and slow.

265

266 The National Development Plan recognises that science, technology, and innovation (STI) are crucial for 267 boosting economic growth, creating jobs, and promoting socioeconomic reform.⁵¹ The 2019 White Paper on 268 Science, Technology, and Innovation strongly focuses on critical themes of inclusivity, transformation, and 269 partnerships.⁵¹ The Department of Science & Innovation offers various funding opportunities, including the 270 Support Programme for Industrial Innovation and the Industrial Innovation Partnership Programme.⁵¹ The 271 Technology Innovation Agency also provides grants, loans, and equity support for technology development 272 and commercialisation.⁵¹ The Technology for Human Resources in Industry Programme facilitates research 273 and development collaborations among private companies, universities, and science councils¹⁶. The 274 government needs to ensure this funding and support for research skills and infrastructure, as well as 275 acceleratory tax incentives for R&D, are accessible and provide an enabling environment for various 276 stakeholders to collaborate and innovate to unlock new food science technologies. The Netherlands 277 Government, in 2022, for example, announced funding of an initial \$60 million to expand and develop its domestic cultivated meat and seafood ecosystem.52 The funding will be used mainly to invest in education 278 and innovation in this emerging industry.⁵² It is also evident from the study that for emerging or new food 279 technologies to become available to South Africans, a progressive and agile regulatory environment needs to 280 281 be in place, which is not the case today. Singapore's Food Agency, for example, already approved the sale of 282 cultivated meat in 2020, enabling start-ups like Eat Just to test and scale this technology in that country.53

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According to a 2019 white paper about STI in South Africa, the National System of Innovation is hindered by 284 285 several factors. These include insufficient and non-collaborative methods for setting an STI agenda, lack of 286 policy coherence and coordination, weak partnerships between key stakeholders (minimal involvement from 287 businesses and civil society), inadequate monitoring and evaluation, insufficient high-level science, 288 engineering, and technology skills for the economy, a small research system, an unfavorable environment for 289 innovation, and significant underfunding.⁵¹ Furthermore, the study found that the barriers described in Figure 290 4 must be overcome so that key stakeholders across the innovation system can collaborate to advance novel 291 food science, technologies, and research to reach commercialisation.

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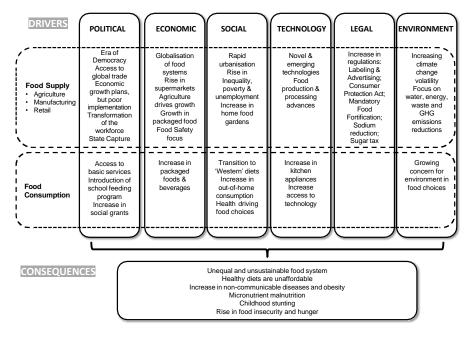
Conclusion

- 293 294
- 295 South Africa has many enabling drivers to become a powerhouse-global leader_of food technology advances (Figure 1).

296 Similar to how Israel has become known for its innovative technology, entrepreneurial spirit, supportive government policies and investment capital.⁵⁴ Israel now has over 100 companies operating in the alternative 297 protein sector, with investment funding totalling \$114 million in 2020, of which government funding alone was 298 299 \$18 million.⁵⁴ South Africa has strong research institutions supporting a healthy pipeline of post-graduate 300 students, with research being conducted and published on many underutilised and emerging food 301 technologies and sources. It is cost-effective to conduct research in South Africa, and with local and 302 international funding, food science and technology research could build further necessary skills, capabilities 303 and expertise. South Africa has a robust agricultural sector and an advanced and growing food and beverage 304 manufacturing industry, with recent food tech start-ups conducting research and piloting novel technologies in 305 cell-based and precision fermentation, working towards commercialisation. Unfortunately, there is a lack of pilot plants and scale-up facilities for start-ups and innovators to allow their ideas to scale quickly and reach 306 307 the market. This often means costly and slow trials offshore. The government could play a significant role in 308 connecting the critical players across the research ecosystem and food value chain, including small-scale 309 farmers, around essential research agendas such as hunger and malnutrition. They could co-invest in the 310 relevant infrastructure for shared facilities where multiple innovators could collaborate to reach scale-up and provide accessible tax incentives for R&D investment to spur the food and beverage industry to overcome 311 312 their risk aversion to innovating in novel food science technologies. The food and beverage industry could 313 also invest in food tech start-ups to accelerate their commercialisation efforts and reach scale quicker. Joint 314 research collaborations in indigenous African crops and food waste recovery would be an excellent place to 315 start. In this study, they were identified by food professionals across government, academia and industry as 316 the most promising, near-term emerging sources of food to be utilised to achieve affordable, nutritious, safe and culturally appropriate food. 317

318

South Africa must become more resilient to these impacts through collective engagement with critical stakeholders to harness the benefits of novel and emerging food science technologies. Many examples exist of countries doing this for enormous economic and food security benefits. If all stakeholders recognised their responsibility to address the failing food system and transform how food is produced, future diets of South Africans could be far more diverse and nutritious. This could further positively impact food security, employment generation and the overall economy.



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- 327 Figure 1: Drivers and consequences of food consumption changes in the South African Food and Beverage
- 328 Industry since 1994.

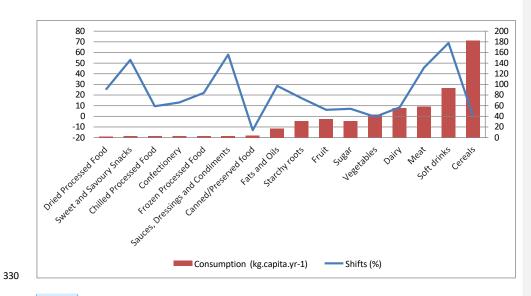


Figure 2. Per capita consumption and shifts in consumption of specific food categories in South Africa from

332 1994/1999 to 2009/2012 (FAOSTAT Food Balance Sheets & EUROMONITOR Packaged Food & beverage

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333 Consumption).

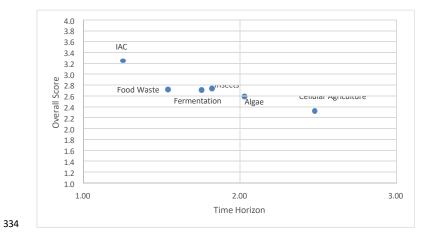


Figure 3: Time horizon and overall score analysis for the commercialisation of underutilised and emerging
 food sources in South Africa

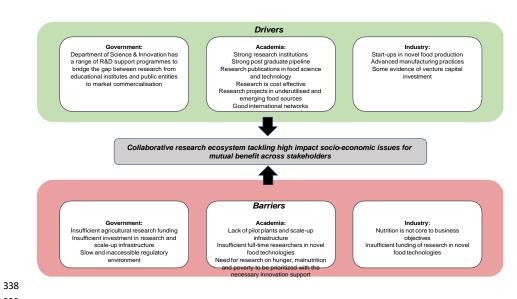


Figure 4. Summary of drivers and barriers across critical stakeholders to advancing new food science and technologies to commercialisation.

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