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Peer review history for:

Chitaka TY, Nell C, Schenck C. A critical view of applying life cycle assessment on disposable diapers in a rural context. *S Afr J Sci.* 2025;121(3/4), Art. #18211. <https://doi.org/10.17159/sajs.2025/18211>

HOW TO CITE:

A critical view of applying life cycle assessment on disposable diapers in a rural context [peer review history]. *S Afr J Sci.* 2025;121(3/4), Art. #18211. <https://doi.org/10.17159/sajs.2025/18211/peerreview>

Reviewer 2: Round 1

Date completed: 01 July 2024

Recommendation: Accept / Revisions required / **Resubmit for review** / Resubmit elsewhere / Decline / See comments

Conflicts of interest: None

Does the manuscript fall within the scope of SAJS?

Yes/No

Is the manuscript written in a style suitable for a non-specialist and is it of wider interest than to specialists alone?

Yes/No

Does the manuscript contain sufficient novel and significant information to justify publication?

Yes/No

Do the Title and Abstract clearly and accurately reflect the content of the manuscript?

Yes/No

Is the research problem significant and concisely stated?

Yes/No

Are the methods described comprehensively?

Yes/No

Is the statistical treatment appropriate?

Yes/No/Not applicable/Not qualified to judge

Are the interpretations and conclusions justified by the research results?

Yes/Partly/No

Please rate the manuscript on overall contribution to the field

Excellent/Good/**Average**/Below average/Poor

Please rate the manuscript on language, grammar and tone

Excellent/**Good**/Average/Below average/Poor

Is the manuscript succinct and free of repetition and redundancies?

Yes/No

Are the results and discussion confined to relevance to the objective(s)?

Yes/No

The number of tables in the manuscript is

Too few/**Adequate**/Too many/Not applicable

The number of figures in the manuscript is

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Is the supplementary material relevant and separated appropriately from the main document?

Yes/No/Not applicable

Please rate the manuscript on overall quality

Excellent/Good/Average/**Below average**/Poor

Is appropriate and adequate reference made to other work in the field?

Yes/No

Is it stated that ethical approval was granted by an institutional ethics committee for studies involving human subjects and non-human vertebrates?

Yes/No/Not applicable

If accepted, would you recommend that the article receives priority publication?

Yes/No

Are you willing to review a revision of this manuscript?

Yes/No

With regard to our policy on '[Publishing peer review reports](#)', do you give us permission to publish your anonymised peer review report alongside the authors' response, as a supplementary file to the published article? Publication is voluntary and only with permission from both yourself and the author.

Yes/No

Comments to the Author:

Please give details on which of the ecoinvent modules contributed to the LCA. Particularly since the SA database is near non-existent. So how was the SA scenario modelled if (if!) international data was used?

Goal and scope: When was this study performed - impact of COVID?

Line 129: "The questionnaires found there are a wide variety of retailers available to respondents which are at varying distances" then why not use an average? [Although i imagine the overall contribution would be minimal]

"Section 2.2 details the cases in which the different types of information sources are used" - there is no section 2.2.

Section 4. Heading number returns to 1.

What does this mean: line 146 "Waste residues from the diaper production process reportedly only accounted for 3 % of materials"?

Table 3: It would be beneficial (here or elsewhere) to understand the breakdown of impacts at the production stage eg electricity vs impacts from other areas. This is even more important when we see Fig 2 giving such high impacts from the diaper production stage.

Page 10: Page numbers restarted.

Fig 3: Please use a secondary axis, or split y-axis, new graph, or some other means to show the impacts of all the other categories. While they might seem insignificant, which ones are higher or lower (graphically) relative to each other in remaining categories?

Line 217: "As mentioned in section 2.3.5' - there is no 2.3.5. Is there a huge section missing?? Section 6 does not make sense as there is nothing to refer back to to understand the scenarios.

Again: The whole of section 6 is difficult to follow without being able to find the sections in part 2 that seem to be missing?

Line 264: "Electricity was consistently a top contributor". Please show this in results. And again when you tell us that the core was a contributor - line 270.

Line 280: "renewable energy..." A scenario analysis showing examples of how much the impact could be reduced with, e.g. wind would be good.

Line 283: "This was demonstrated by the featuring of locally produced PP components" AS mentioned

several times, showing the process contributions earlier (Fig 2) would help prove your argument here.

It would be good to add the numbers from other studies to both validate the scale of your results, but also compare to other studies and scenarios.

A more convincing conclusion could be written, including numbers. As it stands the conclusions feels rushed and do not cover all aspects of the project, or what the objectives were and how they were addressed.

Author response to Reviewer 2: Round 1

Please give details on which of the ecoinvent modules contributed to the LCA. Particularly since the SA database is near non-existent. So how was the SA scenario modelled if (if!) international data was used?

Author: It is specified that ecoinvent v3.9 was used which includes South African inventory models for key production inputs such as electricity and polypropylene. Further, it is specified that the ecoinvent datasets were modified as far as possible to reflect the local context in section 4.1.

Goal and scope: When was this study performed - impact of COVID?

Author: In section 2, it has been specified that the diaper production data was based on 2021 values and the questionnaires were conducted in 2022.

Line 129: "The questionnaires found there are a wide variety of retailers available to respondents which are at varying distances" then why not use an average? [Although i imagine the overall contribution would be minimal]

Author: It is further explained in section 4.3.1 that the diapers could pass through several points before reaching consumers thus it would be difficult to get an average distance travelled. Further, participants use a variety of transport modes which would have been difficult to model.

"Section 2.2 details the cases in which the different types of information sources are used" - there is no section 2.2.

Author: The correct section has been referenced.

Section 4. Heading number returns to 1.

Author: This has been rectified.

What does this mean: line 146 "Waste residues from the diaper production process reportedly only accounted for 3 % of materials"?

Author: It has been clarified that this refers to the waste produced during diaper production.

Table 3: It would be beneficial (here or elsewhere) to understand the breakdown of impacts at the production stage eg electricity vs impacts from other areas. This is even more important when we see Fig 2 giving such high impacts from the diaper production stage.

Author: The results have been expanded to include a breakdown of the contributions to each of the impact categories.

Page 10: Page numbers restarted.

Author: This has been rectified.

Fig 3: Please use a secondary axis, or split y-axis, new graph, or some other means to show the impacts of all the other categories. While they might seem insignificant, which ones are higher or lower (graphically) relative to each other in remaining categories?

Author: The figure has been replaced with a table showing the numerical values.

Line 217: "As mentioned in section 2.3.5' - there is no 2.3.5. Is there a huge section missing?? Section 6 does not make sense as there is nothing to refer back to to understand the scenarios.

Author: The sections referenced have been corrected.

Again: The whole of section 6 is difficult to follow without being able to find the sections in part 2 that seem to be missing?

Author: The sections referenced have been corrected.

Line 264: "Electricity was consistently a top contributor". Please show this in results. And again when you tell us that the core was a contributor - line 270.

Author: The results have been expanded to include a breakdown of the contributions to each of the impact categories.

Line 280: "renewable energy..." A scenario analysis showing examples of how much the impact could be reduced with , e.g. wind would be good.

Author: Whilst we agree that such a scenario analysis would be of value the datasets for medium voltage electricity (supplied to industries) produced from renewable sources are not available.

Line 283: "This was demonstrated by the featuring of locally produced PP components" AS mentioned several times, showing the process contributions earlier (Fig 2) would help prove your argument here.

Author: The results have been expanded to include a breakdown of the contributions to each of the impact categories.

It would be good to add the numbers from other studies to both validate the scale of your results, but also compare to other studies and scenarios.

Author: The numbers have been added where appropriate to provide further information.

A more convincing conclusion could be written, including numbers. As it stands the conclusions feels rushed and do not cover all aspects of the project, or what the objectives were and how they were addressed.

Author: The conclusions have been strengthened including increased coverage of the results supported by numbers.

Reviewer 3: Round 1

Date completed: 14 August 2024

Recommendation: Accept / **Revisions required** / Resubmit for review / Resubmit elsewhere / Decline / See comments

Conflicts of interest: None

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Yes/No

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If accepted, would you recommend that the article receives priority publication?
Yes/No
Are you willing to review a revision of this manuscript?
Yes/No
With regard to our policy on ' Publishing peer review reports ', do you give us permission to publish your anonymised peer review report alongside the authors' response, as a supplementary file to the published article? Publication is voluntary and only with permission from both yourself and the author.
Yes/No
Comments to the Author:
The research addressed a gap in the body of knowledge in waste management and will make a contribution to the field. It is a welcome change to read research conducted in a rural setting. The management of disposal nappies is becoming a serious issue in waste management and thus more research is needed that propose workable solutions.
Title - also see my comment in document. I do object to the use of the word diaper; a word that is only used in North America.
Introduction and methodology - these sections are extremely cryptic (maybe to adhere to the 6 000 word count?).
Methodology – lacking is a motivation of the study area. It is mentioned that the questionnaires were part of a larger study in the area but this does not constitute a motivation why this particular rural area was chosen. Reference is made to primary and secondary data but nowhere is it clearly stated what the primary and secondary data are that was used. Also, clearly state in the methodology the three waste scenarios. Under transport distances were approximated but the choice of the Durban Harbour needs to be motivated. E.g., is this the closest harbour to the SA manufacturer? Also, explain to the reader why Hoedspruit (is it the biggest town in the study area?) was used to calculate distances. In general - the methodology section needs rewriting and a more logical flow.
Discussion - references are made to numbered sections that do not exist. This makes for a confusing read as the reader has to take an educated guess to which section the authors refer to.
Figure 4 - do not use the default colours of Excel – change to match the colours of previous figures. The font is also different from the one in the content.
Some minor technical and language issues and these are indicated in the document.
<i>[See Appendix 1 for Reviewer 3's comments made directly on the manuscript]</i>

Author response to Reviewer 3: Round 1

The research addressed a gap in the body of knowledge in waste management and will make a contribution to the field. It is a welcome change to read research conducted in a rural setting. The management of disposal nappies is becoming a serious issue in waste management and thus more research is needed that propose workable solutions.

Title - also see my comment in document. I do object to the use of the word diaper; a word that is only used in North America.

Author: Thank you for your insightful feedback regarding the terminology used in the manuscript. We appreciate your suggestion to use the term "nappies" instead of "diapers," recognising that "nappies" is the terminology commonly used in South Africa and other regions outside North America/Canada.

However, we have chosen to use the term "diapers" in this manuscript for several reasons:

1. The term "diapers" is more commonly used in the global academic discourse, particularly in peer-reviewed journals. As much of the research on disposable diaper waste and related topics originates from North American sources, the use of "diapers" aligns with the terminology that the broader academic community is accustomed to.
2. While our research is conducted in South Africa, it is intended for an international audience, including readers from regions where "diapers" is the standard term. Using a term that is widely recognised helps ensure that the research is accessible and understandable to a diverse readership.

Methodology – lacking is a motivation of the study area. It is mentioned that the questionnaires were part of a larger study in the area but this does not constitute a motivation why this particular rural area was chosen.

Author: The motivation has been included as follows: The Kruger 2 Canyon (K2C) Biosphere Region was chosen for this study due to its unique combination of rural settings, high population density, and limited waste management infrastructure. This region also has a significant human-wildlife interface, making waste management, particularly the improper disposal of absorbent hygiene products like nappies, a pressing environmental and health issue. The area presents an ideal context to study the environmental impacts of disposable nappies, as most existing life cycle assessments (LCAs) have focused on urban or more developed regions with well-established waste management systems. By focusing on a rural area with diverse and inadequate waste disposal practices, this study fills a critical gap in understanding how geographical context affects the environmental impacts of nappies, particularly in areas lacking formal waste collection services.

Reference is made to primary and secondary data but nowhere is it clearly stated what the primary and secondary data are that was used

Author: Such details are provided in the inventory (section 4) which specifies the sources of data for each production stage.

Also, clearly state in the methodology the three waste scenarios.

Author: The waste scenarios are explained as part of the inventory in section 4.3.2. This is in line with the reporting of life cycle assessments.

Under transport distances were approximated but the choice of the Durban Harbour needs to be motivated. E.g., is this the closest harbour to the SA manufacturer? Also, explain to the reader why Hoedspruit (is it the biggest town in the study area?) was used to calculate distances. In general - the methodology section needs rewriting and a more logical flow.

Author: The paper has been written according to the steps in a life cycle assessment. Thus, what might be traditionally considered methodology steps are reported as part of the inventory (section 4). Thus, there is no traditional methodology section and we are unsure what section the reviewer is referring to specifically for a rewrite.

Discussion - references are made to numbered sections that do not exist. This makes for a confusing read as the reader has to take an educated guess to which section the authors refer to.

Author: The referenced section numbers have been corrected.

Figure 4 - do not use the default colours of Excel – change to match the colours of previous figures. The font is also different from the one in the content.

Author: The figures are generated by different softwares hence the differences in colours. However, we do not believe this detracts from the message of the graphs. The font has been changed.

Some minor technical and language issues and these are indicated in the document.

Author: These have been addressed.

Line 72: Source for population number

Author: The source has been added.

Reviewer 3: Round 2**Date completed:** 14 August 2024**Recommendation:** **Accept** / Revisions required / Resubmit for review / Resubmit elsewhere / Decline / See comments**Conflicts of interest:** None

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Yes/No

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Yes/No/Not applicable/Not qualified to judge

Are the interpretations and conclusions justified by the research results?

Yes/Partly/No

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Excellent/**Good**/Average/Below average/Poor

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Yes/No

Is it stated that ethical approval was granted by an institutional ethics committee for studies involving human subjects and non-human vertebrates?

Yes/No/Not applicable

If accepted, would you recommend that the article receives priority publication?

Yes/No

Are you willing to review a revision of this manuscript?

Yes/NoWith regard to our policy on '[Publishing peer review reports](#)', do you give us permission to publish your anonymised peer review report alongside the authors' response, as a supplementary file to the published article? Publication is voluntary and only with permission from both yourself and the author.**Yes/No**

Comments to the Author:

Correct language in line 161. The 'are' should be changed to 'as'. Currently it is "Only skip bins were collected by the municipality and taken to an unsanitary landfill whereas, the respondents used dustbins are a temporary waste retainer till they could dump the waste".

Author response to Reviewer 3: Round 2

Correct language in line 161. The 'are' should be changed to 'as'. Currently it is "Only skip bins were collected by the municipality and taken to an unsanitary landfill whereas, the respondents used dustbins are a temporary waste retainer till they could dump the waste"

Author: The language has been corrected.

Reviewer 4: Round 2

Date completed: 19 December 2024

Recommendation: Accept / **Revisions required** / Resubmit for review / Resubmit elsewhere / Decline / See comments

Conflicts of interest: None

Does the manuscript fall within the scope of SAJS?

Yes/No

Is the manuscript written in a style suitable for a non-specialist and is it of wider interest than to specialists alone?

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Yes/No/**Not applicable**

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Are you willing to review a revision of this manuscript?

Yes/No

With regard to our policy on 'Publishing peer review reports', do you give us permission to publish your anonymised peer review report alongside the authors' response, as a supplementary file to the published article? Publication is voluntary and only with permission from both yourself and the author.

Yes/No

Comments to the Author:

The comments from round one of the review was adequately addressed in the revised manuscript. There are various data limitations in this study, but the author highlights and acknowledges these limitations and what their impact could be. Understanding the impact of disposal methods is important, as this is a growing issue in many rural communities. I would have liked to see a bit more attention to the impact that the increased freshwater ecotoxicity could have on the biodiversity in protected areas in the K2C region (e.g. Kruger National Park), but this is not the main aim of the paper, so it is just a suggestion. This was an interesting read! See a few other comments below:

- Line 144: Change "the diapers were shipped" to "the diaper components were shipped" to avoid confusion.
- Line 222: There is a word missing, see highlighted text on manuscript.
- Line 276: Since human carcinogenic toxicity is mostly attributed to landfilling, it would add value to be more specific about the gases referred to in the statement "This may be attributed to the emission of carcinogenic gases from the landfill. " This is very vague and should be expanded and substantiated from literature.
- Line 290: A brief discussion of the normalization process and its purpose would add value to this section. Specifically to readers who are not very familiar with modeling.
- Line 368: Pulp:SAP ratio is reported as 1:0.92 - please correct.

[See Appendix 2 for Reviewer 4's comments made directly on the revised manuscript]

Author response to Reviewer 4: Round 2

Line 144: Change "the diapers were shipped" to "the diaper components were shipped" to avoid confusion

Author: The change has been made.

Line 222: There is a word missing, see highlighted text on manuscript.

Author: The text has been corrected.

Line 276: Since human carcinogenic toxicity is mostly attributed to landfilling, it would add value to be more specific about the gases referred to in the statement "This may be attributed to the emission of carcinogenic gases from the landfill. " This is very vague and should be expanded and substantiated from literature.

Author: The discussion has been expanded and substantiated with literature.

Line 290: A brief discussion of the normalization process and its purpose would add value to this section. Specifically to readers who are not very familiar with modeling

Author: The purpose of normalization has been described.

Line 368: Pulp:SAP ratio is reported as 1:0.92 - please correct.

Author: It has been corrected.

Line 50: This sentence reads a bit "clumsy". Perhaps consider rephrasing to something like "Thus, common improper disposal methods such as landfilling and incineration have rarely been included in LCAs"

Author: The suggestion has not been adopted as it changes the meaning of the sentence however, the sentence has been edited for clarity.

Line 87: Consider rephrasing. "It places particular focus on the end-of-life aspects not yet investigated in previous research.

Author: The suggestion has been adopted.

Line 96: Check sentence construction and punctuation.

Author: The sentence has been reviewed and edited.

1 Introduction

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Since their invention, disposable diapers have become increasingly popular around the world. There is limited information on diaper usage in South Africa. According to a study conducted by Berrian *et al.* (2016)(1), in the Mpumalanga Province of South Africa, 80 % of respondents reported utilising disposable diapers. A further study in 2021 estimated that 67 000 – 160 000 tons of absorbent hygiene products were generated in metropolises depending on their size (2). Whilst diapers have aided in increasing sanitation in developing countries, they have presented a further challenge in terms of the waste created.

The environmental impacts associated with diapers has been a matter of interest in the life cycle assessment (LCA) community for a number of years. This is often conducted from a comparative perspective i.e. reusable vs disposable diapers (3–5). A meta-analysis conducted in 2021 found that reusable diapers are the better choice in the majority of scenarios (5). However, this depends on a number of factors including the reusable diaper laundering process and diaper disposal practices.

With the evolution of technology and development of new materials, studies have been conducted to evaluate their potential impacts (6–8). Mirabella *et al.* (2013)(8) investigated the environmental impacts of substituting petrochemical based plastics with biobased alternatives, finding that while they provide some benefits it is important to pay attention to their agricultural phase. Mendoza *et al.* (2019) found that substituting adhesives with a novel bonding technique reduced raw material consumption, primary energy demand and greenhouse gas emissions.

The majority of diaper LCA studies have been conducted in developed countries (5), with one having been conducted in Brazil (9). Thus, improper disposal methods have been rarely considered with landfilling and incineration being the most common methods of waste treatment. Furthermore, there are limited insights into scenarios in which there is limited access to water, sanitation, and waste management infrastructure.

This study contributes to the lack of studies in developing countries. Furthermore, it investigates the rural context. This is of particular importance as geographical context was identified as one of the critical factors influencing the environmental impacts of diapers (5).

The article is structured according to the generic steps of a life cycle assessment:

- Goal and scope definition
- Life cycle inventory
- Life cycle impact assessment
- Interpretation

63

2 Data sources and Modelling approach

64 The diaper modelled was based on primary and secondary information. Specifically, the
65 foreground data was informed by primary data provided by a major local diaper manufacturer.
66 This was supplemented by secondary data sourced from literature. Background data was
67 based on the Ecoinvent v3.9 cut-off system model database. Section 2.2 details the cases in
68 which the different types of information sources are used. The LCA was modelled on SimaPro
69 LCA Software v9.4.0.1.

70 Primary data for the waste scenario was based on a series of questionnaires conducted in the
71 Kruger 2 Canyon (K2C) Biosphere Region in South Africa. The boundaries of the biosphere
72 extend to the Kruger National Park and two catchment areas and is inhabited by 1.5 million
73 people. The questionnaires were part of a larger study investigating diaper usage and disposal
74 practices in the area. 1 575 questionnaires were conducted across eight villages in the area.

75

3 Goal and scope

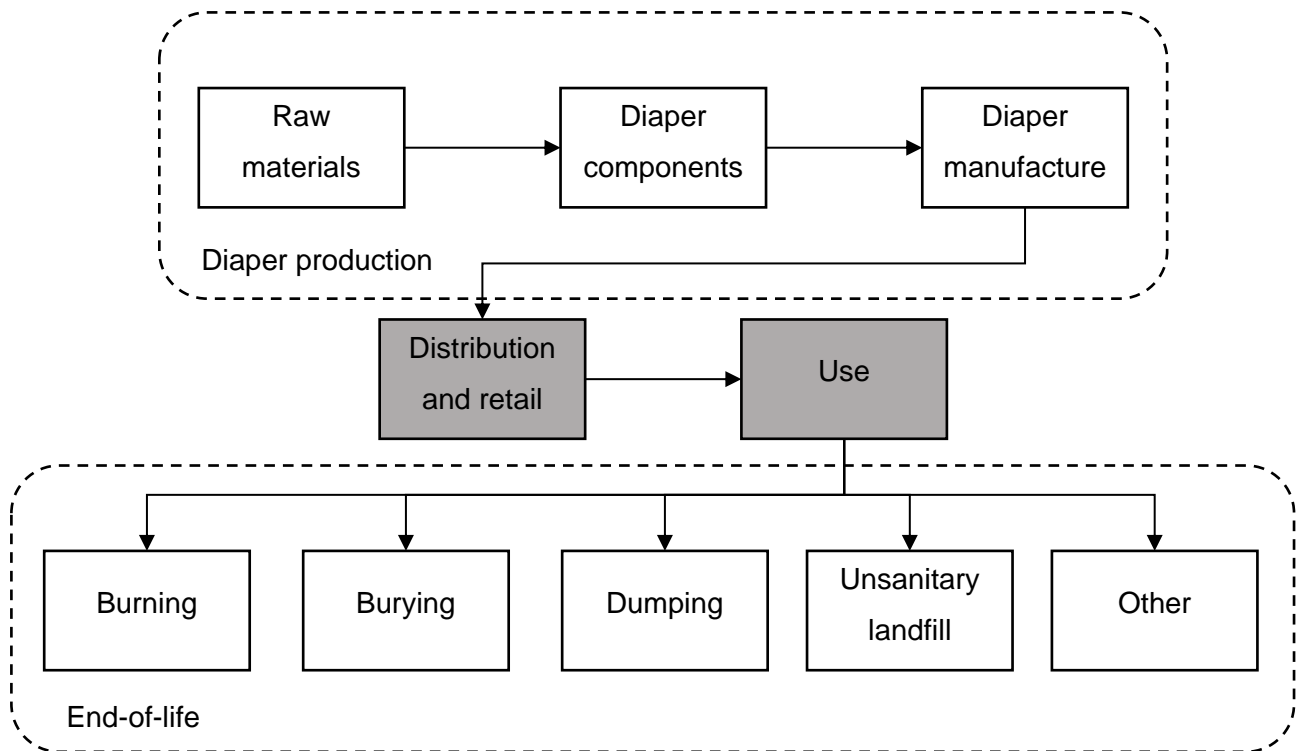
76 The goal of this study is to evaluate the potential environmental impacts of disposable diaper
77 usage in rural areas. It places a particular focus on the end-of-life, aspects of which have yet
78 to be investigated in previous research.

79 **3.1 Functional unit and reference flow**

80 Previous studies have used a number of functional units. For example, a number of studies
81 have utilised the average number of children's diapers used over 2.5 years (3,9,10). In some
82 cases the functional unit seems arbitrarily chosen such as the 1000 units used by (7).
83 According to the distributed questionnaires, the average number of diapers used per day was
84 4.47. This is similar to studies by Hoffmann, de Simone Morais and Teodoro (2020) and
85 Aumónier, Collins and Garrett (2008) where they estimated 5 and 4.16 diapers per day
86 respectively. Thus, this study will be utilising the number of diapers required in one day which,
87 equate to 4.47 diapers.

88 **3.2 System boundaries**

89 A cradle-to-grave LCA was conducted, from raw material extraction to disposal. Both informal
90 and formal disposal methods were taken into consideration. Transport and distribution were
91 partly included and use phases were excluded (further discussed in the following sections).
92 The system under consideration is depicted in Figure 1.



93

94 **Figure 1: Diaper life cycle stages**

95 The packaging for the diapers was not included in the model. This is supported by the results
 96 of the LCA conducted by Cordella *et al.* (2015)(6) wherein they found the impacts of packaging
 97 across the life cycle to be negligible.

98 **4 Life Cycle Inventory**

99 Diapers are constructed from a large variety of components, including tapes, elastics and
 100 adhesives. The primary raw materials used are similar with differences in their construction
 101 and additives employed. Table 1, shows the primary materials used. The most important part
 102 of the diaper, the absorbent core, is comprised of pulp and super absorbent material (sodium
 103 polyacrylate) and accounts for the majority of the mass of a diaper at 65.2 % (according to a
 104 South African manufacturer of disposable diapers). This is to be expected as its primary
 105 function is the absorption and retention of excreta. The liner, which comes in contact with the
 106 baby, is often made from a polymer mix which allows the passage of fluids to the absorbent
 107 core. The outer cover is made of a breathable material which is also polymer based. Adhesives
 108 are used to secure the different diaper components.

109 **Table 1: Primary raw materials used in diaper manufacturing and their contribution to**
 110 **diaper weight (source: South African manufacturer)**

Material Type	Percentage Contribution
---------------	-------------------------

Pulp	33.9%
Sodium polyacrylate (SAP)	31.2%
Polypropylene (PP)	20.8%
Polyethylene (PE)	9.8%
Elastics	1.0%
Adhesive	3.2%

111

112 **1.1 Diaper components**

113 There was limited data regarding the production of diaper components. The manufacturer
 114 provided the types of components, their weights and their primary materials. Further, they
 115 provided the country of origin as some of the components are imported. However, there was
 116 no information provided on the manufacturer in the exporting country or the processes
 117 employed. Therefore, the modelling of these components was based on datasets available in
 118 Ecoinvent and modified as far as possible to reflect the conditions in the country of origin. For
 119 example, substituting the electricity for the local electricity mix from the Ecoinvent database.

120 Many of the diaper components are composed of composite materials. However, in this study
 121 only the primary materials were modelled per component, similar to Cordella *et al.* (2015) and
 122 Mendoza *et al.* (2019).

123 **1.2 Diaper manufacture**

124 Data regarding diaper manufacture was provided by a major diaper manufacturer in South
 125 Africa. This includes weights of diaper components used, electricity consumption and waste
 126 generation and disposal.

127 **1.3 Use phase**

128 The use phase was not modelled due to the wide variety of transport distances and methods
 129 that would be used by consumers to the retailer. The questionnaires found there are a wide
 130 variety of retailers available to respondents which are at varying distances. Further, they would
 131 use differing transport methods to reach the retailer including public transport, private transport
 132 or walking.

133 **4.1.1 Transport**

134 Transportation of the imported diaper components was included in the model. The diapers
 135 were shipped from the originating country to South Africa. The distances were approximated
 136 using a major port in the country of origin as the source and Durban Harbour, on the east

137 coast of South Africa, as the destination. The components are then transported by road to the
138 factory.

139 An average distance of 1 880 km was utilised for transport to distributors and retailers in the
140 town of Hoedspruit, within the K2C Biosphere. The distance represented the distance from
141 the factory to the Hoedspruit area and was obtained using google maps. However further
142 details could not be modelled as the diapers could pass through several hands before they
143 are retailed to consumers e.g. distributors to wholesalers to spaza shops.

144 **4.1.2 End-of-life**

145 Waste residues from the diaper production process reportedly only accounted for 3 % of
146 materials. This is higher than the study by Mendoza et al., (2019) which utilised 1%. These
147 residues are reportedly sent for further beneficiation by other value chain members. However,
148 we were not privy to the nature of these beneficiation methods therefore, it was not possible
149 to model the waste scenario in this case.

150 Based on the interviews, respondents used a variety of methods for the disposal of nappies.
151 They do not necessarily stick with one method and might use different options based on
152 convenience. Only skip bins were collected by the municipality and taken to an unsanitary
153 landfill whereas, the respondents used dustbins are a temporary waste retainer till they could
154 dump the waste. Dumping included multiple environments: riverbeds, bush/veld and next to
155 roads. The most popular method was dumping in the bush/veld followed by burning. Other
156 disposal methods consisted of dumping in pit latrines or other methods not specified in the
157 questionnaire.

158 Three waste treatments (Table 2) were modelled using the models developed by Doka (2021)
159 (11): open burning, open dump and unsanitary landfill. The underlying data was modified to
160 reflect the region using the available information. Burying was modelled as an unsanitary
161 landfill however, it is acknowledged that this does not fully represent the method. Disposal in
162 pit latrines and “other” was modelled using a dummy waste treatment thus the impacts are not
163 reflected in the LCIA. The impacts of this modelling choice are explored in section 4.1.

164 **Table 2: Waste scenario**

Open dump	43.8%
Unsanitary landfill	26.1%
Burning	18.6%
Other	11.5%

165

166 The impacts of the disposal of urine and faeces was not modelled. Instead, the potential
 167 impacts are discussed in [section 4.2](#). This includes impacts that cannot be accounted for in
 168 LCA such as, ingestion by animals and dumping in rivers.

169 **5 Life Cycle Impact Assessment**

170 Previous studies have used the CML 2001 or ReCiPe methods for calculating the potential
 171 environmental impacts (5). In this study, a long-term approach was taken for the environmental
 172 impacts. Thus, the impact assessment was conducted using the ReCiPe Midpoint (H) method
 173 which, uses global models to evaluate environmental impacts. The method also provides a
 174 comprehensive set of indicators.

175 **5.1 Contribution analysis**

176 The results of the characterisation phase are presented in Table 3. A contribution analysis
 177 was performed on each indicator so as to highlight the major contributors. The impacts were
 178 then normalised, using default ReCiPe values, to enable the determination of the relative
 179 significance of the different impact categories.

180 **Table 3: LCIA characterisation results**

Impact category	Unit	Total	Diaper production	Transport to distributors	Waste scenario
Global warming	kg CO ₂ eq	6.10E-01	5.59E-01	2.44E-02	2.61E-02
Stratospheric ozone depletion	kg CFC11 eq	3.19E-07	2.81E-07	1.04E-08	2.78E-08
Ionizing radiation	kBq Co-60 eq	1.52E-02	1.47E-02	5.07E-04	0.00E+00
Ozone formation, Human health	kg NO _x eq	2.35E-03	2.10E-03	2.20E-04	3.41E-05
Fine particulate matter formation	kg PM _{2.5} eq	1.27E-03	1.11E-03	5.33E-05	1.06E-04
Ozone formation, Terrestrial ecosystems	kg NO _x eq	2.39E-03	2.13E-03	2.24E-04	3.83E-05
Terrestrial acidification	kg SO ₂ eq	3.38E-03	3.25E-03	1.27E-04	1.15E-05

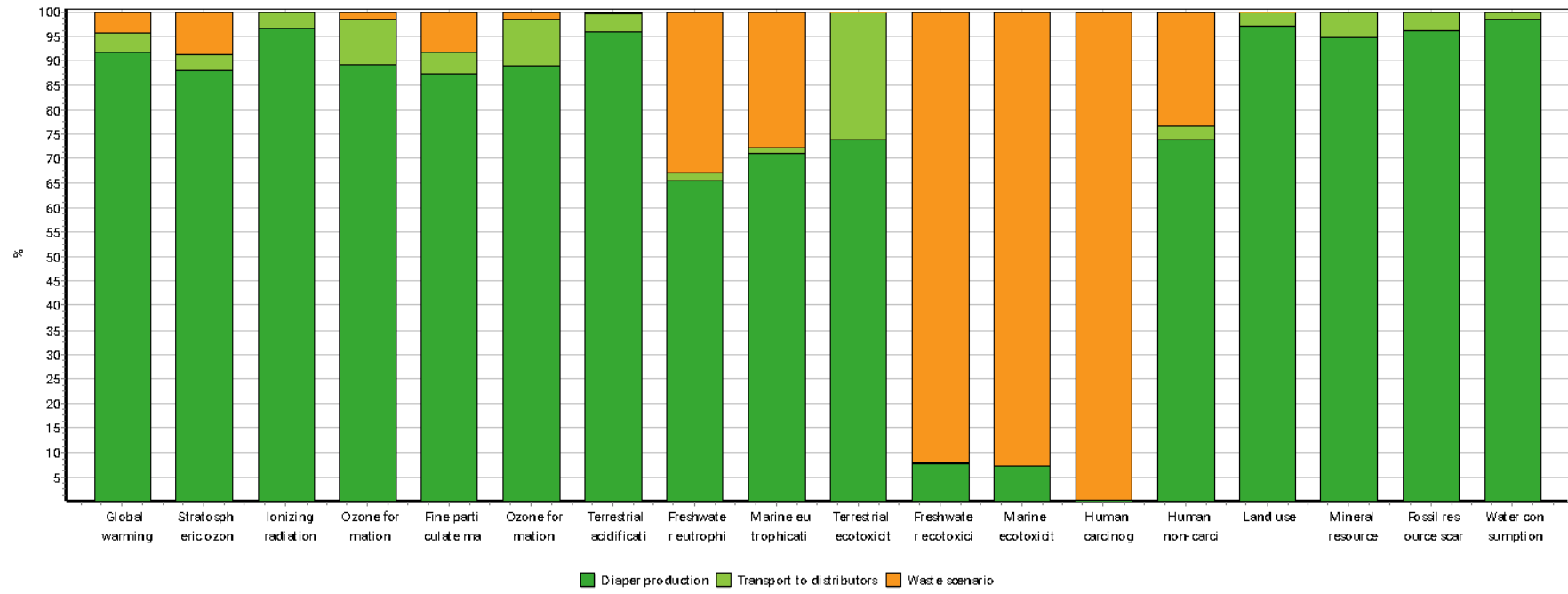
Freshwater eutrophication	kg P eq	5.50E-04	3.60E-04	8.25E-06	1.82E-04
Marine eutrophication	kg N eq	3.07E-05	2.18E-05	4.06E-07	8.48E-06
Terrestrial ecotoxicity	kg 1,4-DCB	1.74E+00	1.29E+00	4.51E-01	2.87E-03
Freshwater ecotoxicity	kg 1,4-DCB	2.34E-01	1.80E-02	6.89E-04	2.15E-01
Marine ecotoxicity	kg 1,4-DCB	3.49E-01	2.45E-02	1.16E-03	3.23E-01
Human carcinogenic toxicity	kg 1,4-DCB	1.85E+01	3.72E-02	1.52E-03	1.84E+01
Human non-carcinogenic toxicity	kg 1,4-DCB	8.16E-01	6.02E-01	2.40E-02	1.91E-01
Land use	m ² a crop eq	9.17E-02	8.91E-02	2.60E-03	5.20E-05
Mineral resource scarcity	kg Cu eq	1.49E-03	1.41E-03	7.59E-05	0.00E+00
Fossil resource scarcity	kg oil eq	2.19E-01	2.11E-01	8.30E-03	0.00E+00
Water consumption	m ³	5.23E-03	5.14E-03	8.70E-05	0.00E+00

181

182 As can be seen in Figure 2, diaper production, from cradle-to-gate, accounted for the majority
183 of impacts on average (> 65 %) except for freshwater ecotoxicity, marine ecotoxicity and
184 human carcinogenic toxicity. In these cases, the disposal of diapers was the higher contributor
185 accounting for 96 % or more.

186 The absorbent core was a notable contributor across all impact categories during diaper
187 production. In particular, it accounted for 92 % of land use impacts; this can be attributed to
188 the land needed to grow the trees from which pulp fluff is made. South African generated
189 electricity used in diaper production was also a significant contributor to a number of
190 categories including global warming potential, stratospheric ozone depletion, particulate
191 matter formation and terrestrial acidification. This can be attributed to the fact that most of the
192 electricity in South Africa is coal based. Another notable contributor across all impacts was a
193 locally made PP based component. Like the electricity mix, polypropylene is fossil fuel based

194 in South Africa; propylene in South Africa is produced as a by-product of the coal gasification
195 process.

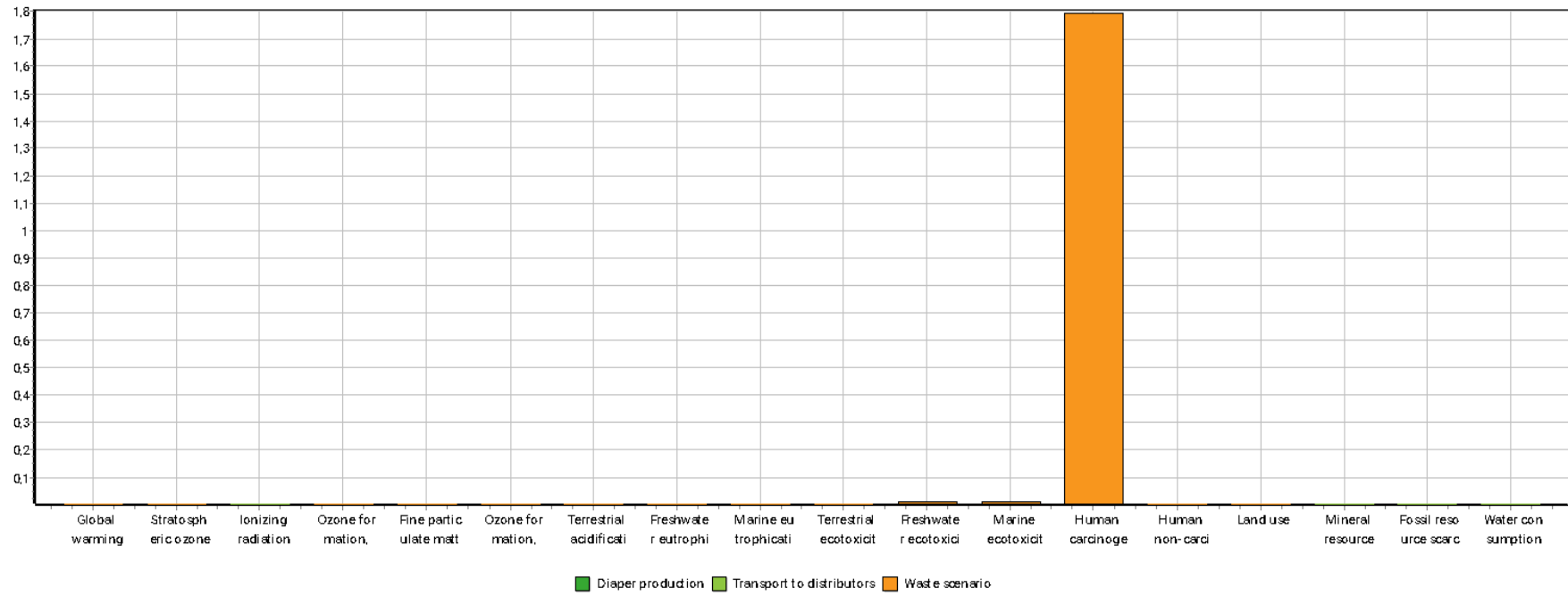


196

197 **Figure 2: Relative contribution of life cycle stages to different impacts**

198 **5.2 Normalisation**

199 The results of the normalisation can be seen in Figure 3. From this, the most significant impact
200 is human carcinogenic toxicity. Unsanitary landfilling of diapers was virtually the only
201 contributor to human carcinogenic toxicity contributing 99.8 %. Thus, whilst the waste disposal
202 wasn't a major contributor across all the impact categories, it has the largest impact when
203 translated into real world terms. The waste scenario was also a major contributor to freshwater
204 and marine ecotoxicity which also had relatively significant impacts upon exclusion of human
205 carcinogenic toxicity. Once again, these were dominated by unsanitary landfilling of diapers
206 accounting for 92.0 % and 92.7 % respectively. However, this does not mean that the other
207 categories should be totally ignored, instead the normalisation highlights hotspots for
208 improvement.



210

211 **Figure 3: LCIA normalisation results**

212

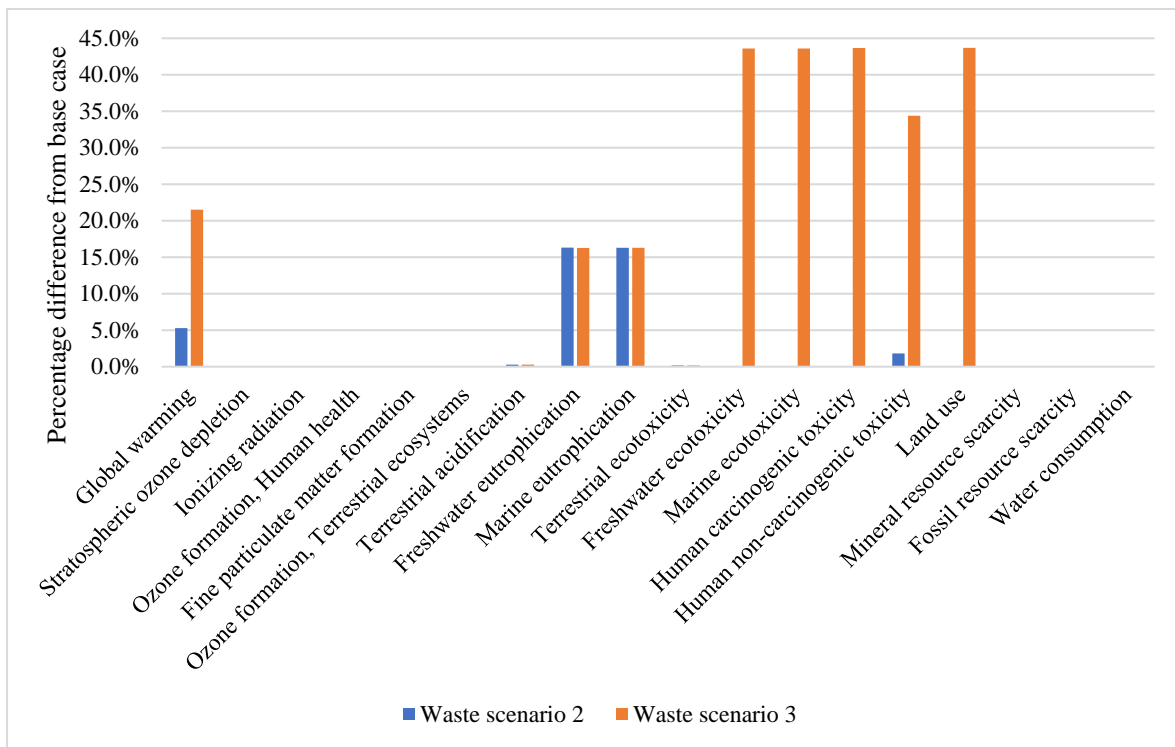
6 Further Results

213 6.1 Pit latrine modelling choice

214 Pit latrines are essentially a pit that is dug for the purpose of human defecation. A shelter is
215 often built around the hole which may include an air vent. Once the pit is almost full, the waste
216 is buried and another pit is dug.

217 As mentioned in section 2.3.5, in the base case waste scenario disposal in pit latrines was
218 modelled as a dummy treatment. The consequences of these choices are investigating by
219 modelling pit latrines as open dumping and unsanitary landfill as waste scenarios 2 and 3
220 respectively.

221 As can be seen in Figure 4, no changes in impacts are observed for some of the impact
222 categories including ozone formation, fine particulate matter formation and ionizing radiation.
223 In the cases where changes were observed, waste scenario 3 had the highest increases in
224 impacts. Waste scenario 3 was particularly significant for human toxicity and ecotoxicity. Thus,
225 the modelling choice for pit latrines is significant when it comes to the waste scenario
226 emissions.



227

228 **Figure 4: Comparing modelling choices for pit latrine**

229

230 **6.2 Improper diaper disposal**

231 As mentioned in [section 2.2.3](#), it was not possible to accurately portray the end-of-life impacts
232 within LCA. In particular, the impacts of improper disposal of excreta in the environment was
233 not addressed. In K2C, only 12.8 % of the respondents reported emptying the stool before
234 diaper disposal, meaning the bulk of diapers are disposed with stool in them. This is a danger
235 to the environment and human and animal health. Used diapers carry viruses and diseases
236 and their proper disposal is essential to limit human exposure to these (12–14). Excreta has
237 been associated with many diseases including cholera, typhoid and hepatitis.

238 Burning diapers releases a variety of pollutants including carcinogens such as dioxins and
239 greenhouse gasses (13). It is a difficult process due to the wetness of the excreta. This may
240 result in a residue that may be ingested by dogs or other animals such as goats and cows.
241 Further, the ash created can leach pathogens into surface and groundwater sources as it rains
242 (14).

243 Burying, whilst it puts the waste out of sight and less available to humans and animals, has
244 the potential to contaminate ground water sources with pathogens (12,14). This is similar to
245 unsanitary landfilling and open dumping where there is no leachate control, so it is free to
246 absorb into the soil and potentially contaminate ground water. Furthermore, gases that
247 permeate through the landfill and are released into the air may contain harmful pollutants.

248 Open dumping leaves diapers out in the open which may attract dogs and small children. This
249 results in exposure to disease as described earlier and additionally risk of ingestion by
250 animals. Another route for potential risk to health is the dumping of diapers next to rivers or
251 onto dry riverbeds. This has the potential to directly contaminate the river water, when the river
252 starts to flow again. This is a significant risk to community members which rely on the river as
253 a water source. Dumping in rivers also has the potential to damage infrastructure such as
254 bridges as reported by municipal officials. This was attributed to flash floods which occur when
255 the waste dams a river and the water eventually breaks through.

256 A pit latrine has the potential to leach into underground water sources contaminating them.
257 Further, the depositing of diapers in the pit latrine result in the pit filling up quickly requiring
258 more to be dug.

259 **7 Interpretation**

260 Across the life-cycle, the production phase was the majority contributor to impacts with the
261 exception of freshwater ecotoxicity, marine ecotoxicity and human carcinogenic toxicity, which
262 were also the impacts with the highest relative importance. Aumónier, Collins and Garrett,

263 (2008) also found the production of diapers to contribute the most to environmental impacts.
264 During the production phase, manufacturing electricity was consistently a top contributor
265 across the majority of impacts. This raised the contribution of the diaper manufacturing phase
266 which is the opposite of what Mendoza *et al.* (2019) found in their study. The electricity impacts
267 can be attributed to the South African energy source wherein the majority of energy is sourced
268 from local coal deposits. Thus, it stands to reason that the standing of electricity as a top
269 contributor is a situation unique to the South African context.

270 The absorbent core was also found to be a top contributor to impacts. In the case of SAP, it's
271 production could be traced as the primary contributor to impacts. This is similar to results
272 obtained by Mendoza *et al.* (2019). The pulp also played a notable role in impacts associated
273 with the ecosystem. Pulp was found to be the top contributor across the majority of impacts
274 by Cordella *et al.* (2015) with, SAP being the second most significant. The contributions of
275 SAP and pulp can be influenced by the ratios of the in the absorbent core. In this case, the
276 pulp: SAP ratio is 1:0.92. Whereas Mendoza *et al.* (2019) reported a ratio of 1:4. Some studies
277 have been conducted on the efficacy of changing the ratio of SAP: pulp in diapers finding that
278 a reduction in materials leads to a reduction in environmental impacts (6,7).

279 The emergence of these processes highlights potential hotspots for improvement. In terms of
280 electricity, the diaper manufacturing factory can look towards using renewable energy sources
281 and reduce reliance on the national grid which is already strained (15).

282 Whilst there is a national push for the use of locally produced materials it is important to note
283 the potential impacts associated with such a shift. This was demonstrated by the featuring of
284 locally produced PP components e.g. flap material, as a notable contributor in many impact
285 categories. This can be attributed to the fact that the precursor for PP is a by-product of coal
286 processing via the Fischer-Tropsche process. Chitaka, Russo and von Blottnitz (2020) (16)
287 found that polypropylene produced in South Africa had higher GWP than the production of the
288 same material in the United States and Europe. Thus, the push for localisation comes with
289 additional environmental burdens.

290 Diaper disposal was only dominant in three impact categories: freshwater ecotoxicity, marine
291 ecotoxicity and human carcinogenic toxicity. However, the importance of these categories was
292 shown to be significant after normalisation. It is important to note that diapers can take up to
293 500 years to decompose, thus they are largely inert in landfills and dumps (17). Furthermore,
294 the impact assessment methodology chosen only has a 100year time frame.

295 Diaper disposal presents a greater scope of impacts than can be assessed by current LCA
296 models and research is required to address this limitation. As discussed in section 4, improper

297 diaper disposal presents a real threat to the health and safety of humans and animals. Thus,
298 when developing interventions to reduce the environmental impacts of disposable diaper,
299 emphasis should be placed on waste disposal. Cordella *et al.* (2015) recommend better
300 disposal methods such as recycling to reduce end-of-life impacts however, developing
301 countries have much further to go. Improvements need to be made to service delivery wherein
302 the waste is actually collected before treatment options can be discussed.

303 **8 Conclusions**

304 According to the normalisation, the most significant impacts from the disposable nappies are
305 those contributing to human and ecological toxicity; the majority contributor of which was
306 improper disposal of used diapers. It is important to address these impacts. In order to do this,
307 there needs to be proper waste management of the diaper waste. Thus, interventions to
308 address the impacts of diapers should be focused on the proper management of used diapers.
309 For example, improvement in waste management service delivery to the villages and improved
310 landfill conditions before more high-tech solutions can be considered.

311 Local electricity used in the manufacture of diapers is a top contributor to the majority of impact
312 categories. This indicates the need for increased energy efficiency and a shift towards
313 renewable sources of energy.

314 The absorbent core is also another area that can be earmarked for improvement. This may
315 be in the form of material reduction or substitution of materials.

316 In the rural areas, the impacts of disposable diapers extend beyond what can be captured by
317 LCA. Thus, there needs to be further research as to how these impacts can be integrated in
318 LCIA methodology. Further, it is important to consider the wider consequences of the use and
319 disposal of diapers in different geographical contexts.

320

Ethical approval was received from [anonymised], reference number [anonymised].

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- 374

1 **A critical view of applying life cycle assessment on disposable**
2 **diapers in a rural context**

3
4 **Abstract**

5 The environmental impacts of disposable diapers in comparison to reusable diapers has been
6 a matter of interest within the life cycle assessment (LCA) community for many years.
7 However, the majority of LCAs have been conducted in developed countries with well-
8 developed waste management infrastructure. This study takes a critical view on the application
9 of LCA to evaluate the environmental impacts of disposable diapers in rural areas.

10 In the study area, the majority of diapers were openly dumped (43.8 %), sent to unsanitary
11 landfill (26.1 %) or burned (18.6 %). The production phase contributed the most to the majority
12 of impact categories excluding freshwater ecotoxicity marine ecotoxicity and human
13 carcinogenic toxicity. These impacts were instead dominated by end-of-life impacts and also
14 had the highest relative significance when normalisation was conducted.

15 The lack of and/or poor waste management has resulted in the end-of-life being a significant
16 environmental risk. However, current life cycle impact methodologies are not able to fully cover
17 the scope of impacts presented by mismanaged diaper waste. This study demonstrates the
18 importance of geographical contexts when conducting diaper LCAs wherein, in some
19 scenarios it may be necessary to include impacts beyond the scope of a traditional LCA.

20 **Significance**

- 21 • This is the first Life Cycle Assessment conducted on diapers in the rural contexts of
22 Africa.
- 23 • The majority of impacts were attributed to the production of diapers.
- 24 • The majority of diapers were dumped or sent to unsanitary landfill.
- 25 • However, LCA cannot take into consideration improper disposal giving an incomplete
26 picture of the environmental impacts.

27
28
29 **1 Introduction**

30 Since their invention, disposable diapers have become increasingly popular around the world.
31 There is limited information on diaper usage in South Africa. According to a study conducted
32 by Berrian *et al.* (2016)(1), in the Mpumalanga Province of South Africa, 80 % of respondents
33 reported utilising disposable diapers. A further study in 2021 estimated that 67 000 – 160 000
34 tons of absorbent hygiene products were generated in metropolises depending on their size (2).

35 Whilst diapers have aided in increasing sanitation in developing countries, they have
36 presented a further challenge in terms of the waste created.

37 The environmental impacts associated with diapers has been a matter of interest in the life
38 cycle assessment (LCA) community for a number of years. This is often conducted from a
39 comparative perspective i.e. reusable vs disposable diapers (3–5). A meta-analysis conducted
40 in 2021 found that reusable diapers are the better choice in the majority of scenarios (5).
41 However, this depends on a number of factors including the reusable diaper laundering
42 process and diaper disposal practices.

43 With the evolution of technology and development of new materials, studies have been
44 conducted to evaluate their potential impacts (6–8). Mirabella *et al.* (2013)(8) investigated the
45 environmental impacts of substituting petrochemical based plastics with biobased alternatives,
46 finding that while they provide some benefits it is important to pay attention to their agricultural
47 phase. Mendoza *et al.* (2019) found that substituting adhesives with a novel bonding technique
48 reduced raw material consumption, primary energy demand and greenhouse gas emissions.
49 The majority of diaper LCA studies have been conducted in developed countries (5), with one
50 having been conducted in Brazil (9). Thus, improper disposal methods have been rarely
51 considered with landfilling and incineration being the most common methods of waste
52 treatment. Furthermore, there are limited insights into scenarios in which there is limited
53 access to water, sanitation, and waste management infrastructure.

54 This study contributes to the lack of studies in developing countries. Furthermore, it
55 investigates the rural context. This is of particular importance as geographical context was
56 identified as one of the critical factors influencing the environmental impacts of diapers (5).

57 The article is structured according to the generic steps of a life cycle assessment:

- 58 • Goal and scope definition
- 59 • Life cycle inventory
- 60 • Life cycle impact assessment
- 61 • Interpretation

62 **2 Data sources and Modelling approach**

63 The diaper modelled was based on primary and secondary information. Specifically, the
64 foreground data was informed by primary data provided by a major local diaper manufacturer.
65 The data was provided for the year 2021. This was supplemented by secondary data sourced
66 from literature. Background data was based on the Ecoinvent v3.9 cut-off system model
67 database. Section 4 details the cases in which the different types of information sources are
68 used. The LCA was modelled on SimaPro LCA Software v9.4.0.1.

69 Primary data for the waste scenario was based on a series of questionnaires conducted in the
70 Kruger 2 Canyon (K2C) Biosphere Region in South Africa in 2022. The Kruger 2 Canyon (K2C)

Commented [A1]: This sentence reads a bit "clumsy". Perhaps consider rephrasing to something like "Thus, common improper disposal methods such as landfilling and incineration have rarely been included in LCAs"

71 Biosphere Region was chosen for this study due to its unique combination of rural settings,
72 high population density of 1.5 million people (10), and limited waste management
73 infrastructure. This region also has a significant human-wildlife interface, making waste
74 management, particularly the improper disposal of absorbent hygiene products like nappies,
75 a pressing environmental and health issue. The area presents an ideal context to study the
76 environmental impacts of disposable nappies, as most existing life cycle assessments (LCAs)
77 have focused on urban or more developed regions with well-established waste management
78 systems. By focusing on a rural area with diverse and inadequate waste disposal practices,
79 this study fills a critical gap in understanding how geographical context affects the
80 environmental impacts of nappies, particularly in areas lacking formal waste collection
81 services.

82 The questionnaires were part of a larger study investigating diaper usage and disposal
83 practices in the area. 1 575 questionnaires were conducted across eight villages in the area.
84

85 **3 Goal and scope**

86 The goal of this study is to evaluate the potential environmental impacts of disposable diaper
87 usage in rural areas. It places a particular focus on the end-of-life, aspects of which have yet
88 to be investigated in previous research.

89 **3.1 Functional unit and reference flow**

90 Previous studies have used a number of functional units. For example, a number of studies
91 have utilised the average number of children's diapers used over 2.5 years (3,9,11). In some
92 cases the functional unit seems arbitrarily chosen such as the 1000 units used by Mendoza et
93 al. (2019) (7). According to the distributed questionnaires, the average number of diapers used
94 per day was 4.47. This is similar to studies by Hoffmann, de Simone Morais and Teodoro
95 (2020) and Aumónier, Collins and Garrett (2008) where they estimated 5 and 4.16 diapers per
96 day respectively. Thus, this study will be utilising the number of diapers required in one day
97 which, equate to 4.47 diapers.

98 **3.2 System boundaries**

99 A cradle-to-grave LCA was conducted, from raw material extraction to disposal. Both informal
100 and formal disposal methods were taken into consideration. Transport and distribution were
101 partly included and use phases were excluded (further discussed in the following sections).

102 The system under consideration is depicted in Figure 1.

Commented [A2]: Consider rephrasing. "It places particular focus on the end-of-life aspects not yet investigated in previous research."

Commented [A3]: Check sentence construction and punctuation.

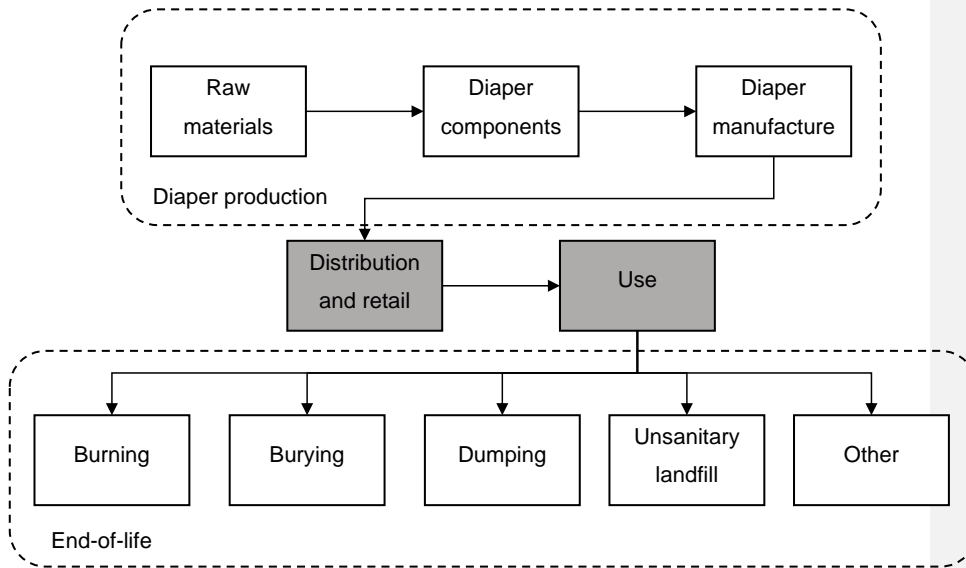


Figure 1: Diaper life cycle stages

The packaging for the diapers was not included in the model. This is supported by the results of the LCA conducted by Cordella *et al.* (2015)(6) wherein they found the impacts of packaging across the life cycle to be negligible.

4 Life Cycle Inventory

Diapers are constructed from a large variety of components, including tapes, elastics and adhesives. The primary raw materials used are similar with differences in their construction and additives employed. Table 1_r shows the primary materials used. The most important part of the diaper, the absorbent core, is comprised of pulp and super absorbent material (sodium polyacrylate) and accounts for the majority of the mass of a diaper at 65.2 % (according to a South African manufacturer of disposable diapers). This is to be expected as its primary function is the absorption and retention of excreta. The liner, which comes in contact with the baby, is often made from a polymer mix which allows the passage of fluids to the absorbent core. The outer cover is made of a breathable material which is also polymer based. Adhesives are used to secure the different diaper components.

Table 1: Primary raw materials used in diaper manufacturing and their contribution to diaper weight (source: South African manufacturer)

Material Type	Percentage Contribution
Pulp	33.9%
Sodium polyacrylate (SAP)	31.2%
Polypropylene (PP)	20.8%

Polyethylene (PE)	9.8%
Elastics	1.0%
Adhesive	3.2%

121

122 **4.1 Diaper components**

123 There was limited data regarding the production of diaper components. The manufacturer
 124 provided the types of components, their weights and their primary materials. Further, they
 125 provided the country of origin as some of the components are imported. However, there was
 126 no information provided on the manufacturer in the exporting country or the processes
 127 employed. Therefore, the modelling of these components was based on datasets available in
 128 Ecoinvent and modified as far as possible to reflect the conditions in the country of origin. For
 129 example, substituting the electricity for the local electricity mix from the Ecoinvent database.
 130 Many of the diaper components are composed of composite materials. However, in this study
 131 only the primary materials were modelled per component, similar to Cordella *et al.* (2015) and
 132 Mendoza *et al.* (2019).

133 **4.2 Diaper manufacture**

134 Data regarding diaper manufacture (DM) was provided by a major diaper manufacturer in
 135 South Africa. This includes weights of diaper components used, electricity consumption and
 136 waste generation and disposal.

137 **4.3 Use phase**

138 The use phase was not modelled due to the wide variety of transport distances and methods
 139 that would be used by consumers to the retailer. The questionnaires found there are a wide
 140 variety of retailers available to respondents which are at varying distances. Further, they would
 141 use differing transport methods to reach the retailer including public transport, private transport
 142 or walking.

143 **4.3.1 Transport**

144 Transportation of the imported diaper components was included in the model. The diapers
 145 were shipped from the originating country to South Africa. The distances were approximated
 146 using a major port in the country of origin as the source and Durban Harbour, on the east
 147 coast of South Africa, as the destination. The components are then transported by road to the
 148 factory.

149 An average distance of 1 880 km was utilised for transport to distributors and retailers in the
 150 town of Hoedspruit, within the K2C Biosphere. The distance represented the distance from
 151 the factory to the Hoedspruit area and was obtained using google maps. However further

152 details could not be modelled as the diapers could pass through several hands before they
153 are retailed to consumers e.g. distributors to wholesalers to spaza shops.

154 **4.3.2 End-of-life**

155 Waste produced from the diaper production process reportedly only accounted for 3 % of
156 materials. This is higher than the study by Mendoza et al., (2019) which utilised 1%. These
157 residues are reportedly sent for further beneficiation by other value chain members. However,
158 we were not privy to the nature of these beneficiation methods therefore, it was not possible
159 to model the waste scenario in this case.

160 Based on the interviews, respondents used a variety of methods for the disposal of nappies.
161 They do not necessarily stick with one method and might use different options based on
162 convenience. Only skip bins were collected by the municipality and taken to an unsanitary
163 landfill whereas, the respondents used dustbins as a temporary waste retainer till they could
164 dump the waste. Dumping included multiple environments: riverbeds, bush/veld and next to
165 roads. The most popular method was dumping in the bush/veld followed by burning. Other
166 disposal methods consisted of dumping in pit latrines or other methods not specified in the
167 questionnaire.

168 Three waste treatments (Table 2) were modelled using the models developed by Doka (2021)
169 (12): open burning, open dump and unsanitary landfill. The underlying data was modified to
170 reflect the region using the available information. Burying was modelled as an unsanitary
171 landfill however, it is acknowledged that this does not fully represent the method. Disposal in
172 pit latrines and "other" was modelled using a dummy waste treatment thus the impacts are not
173 reflected in the LCIA. The impacts of this modelling choice are explored in section 6.1.

174 **Table 2: Waste scenario**

Open dump	43.8%
Unsanitary landfill	26.1%
Burning	18.6%
Other	11.5%

175
176 The impacts of the disposal of urine and faeces was not modelled. Instead, the potential
177 impacts are discussed in section 6.2. This includes impacts that cannot be accounted for in
178 LCA such as, ingestion by animals and dumping in rivers.

179 **5 Life Cycle Impact Assessment**

180 Previous studies have used the CML 2001 or ReCiPe methods for calculating the potential
181 environmental impacts (5). In this study, a long-term approach was taken for the environmental
182 impacts. Thus, the impact assessment was conducted using the ReCiPe Midpoint (H) method

183 which, uses global models to evaluate environmental impacts. The method also provides a
 184 comprehensive set of indicators.

185 **5.1 Contribution analysis**

186 The results of the characterisation phase are presented in Table 3. A contribution analysis
 187 was performed on each indicator so as to highlight the major contributors. The impacts were
 188 then normalised, using default ReCiPe values, to enable the determination of the relative
 189 significance of the different impact categories.

190 **Table 3: LCIA characterisation results**

Impact category	Unit	Total	Diaper production	Transport to distributors	Waste scenario
Global warming	kg CO ₂ eq	6.10E-01	5.59E-01	2.44E-02	2.61E-02
Stratospheric ozone depletion	kg CFC11 eq	3.19E-07	2.81E-07	1.04E-08	2.78E-08
Ionizing radiation	kBq Co-60 eq	1.52E-02	1.47E-02	5.07E-04	0.00E+00
Ozone formation, Human health	kg NO _x eq	2.35E-03	2.10E-03	2.20E-04	3.41E-05
Fine particulate matter formation	kg PM _{2.5} eq	1.27E-03	1.11E-03	5.33E-05	1.06E-04
Ozone formation, Terrestrial ecosystems	kg NO _x eq	2.39E-03	2.13E-03	2.24E-04	3.83E-05
Terrestrial acidification	kg SO ₂ eq	3.38E-03	3.25E-03	1.27E-04	1.15E-05
Freshwater eutrophication	kg P eq	5.50E-04	3.60E-04	8.25E-06	1.82E-04
Marine eutrophication	kg N eq	3.07E-05	2.18E-05	4.06E-07	8.48E-06
Terrestrial ecotoxicity	kg 1,4-DCB	1.74E+00	1.29E+00	4.51E-01	2.87E-03
Freshwater ecotoxicity	kg 1,4-DCB	2.34E-01	1.80E-02	6.89E-04	2.15E-01
Marine ecotoxicity	kg 1,4-DCB	3.49E-01	2.45E-02	1.16E-03	3.23E-01

Human carcinogenic toxicity	kg 1,4-DCB	1.85E+01	3.72E-02	1.52E-03	1.84E+01
Human non-carcinogenic toxicity	kg 1,4-DCB	8.16E-01	6.02E-01	2.40E-02	1.91E-01
Land use	m ² a crop eq	9.17E-02	8.91E-02	2.60E-03	5.20E-05
Mineral resource scarcity	kg Cu eq	1.49E-03	1.41E-03	7.59E-05	0.00E+00
Fossil resource scarcity	kg oil eq	2.19E-01	2.11E-01	8.30E-03	0.00E+00
Water consumption	m ³	5.23E-03	5.14E-03	8.70E-05	0.00E+00

191
192 As can be seen in Table 3, diaper production, from cradle-to-gate, accounted for the majority
193 of impacts on average (> 65 %) except for freshwater ecotoxicity, marine ecotoxicity and
194 human carcinogenic toxicity. In these cases, the disposal of diapers was the higher contributor
195 accounting for 96 % or more.

196 The absorbent core was a notable contributor across all impact categories during diaper
197 production. In particular, it accounted for 92 % of land use impacts; this can be attributed to
198 the land needed to grow the trees from which pulp fluff is made. South African generated
199 electricity used in diaper production was also a significant contributor to a number of
200 categories including global warming potential, stratospheric ozone depletion, particulate
201 matter formation and terrestrial acidification. This can be attributed to the fact that most of the
202 electricity in South Africa is coal based. Another notable contributor across all impacts was a
203 locally made PP based component. Like the electricity mix, polypropylene is fossil fuel based
204 in South Africa; propylene in South Africa is produced as a by-product of the coal gasification
205 process.

206 **5.1.1 Global warming potential (GWP)**

207 The total global warming potential was 0.610 CO_{2eq} with diaper production accounting for 0.559
208 kg CO_{2eq}. The major contributors were diaper manufacturing (DM) electricity (0.148 kg CO_{2eq}),
209 the super absorbent material (0.112 kg CO_{2eq}) and the locally produced PP component A
210 (0.0935 kg CO_{2eq}). The electricity contribution is not surprising as South Africa's electricity is
211 mostly coal-based. Furthermore, locally, the precursor for PP, propylene, is produced from
212 coal via the Fischer-Tropsch process. In addition, it is processed using coal-based electricity
213 as an energy source. Transportation to distributors and the waste scenario make minor
214 contributions of 4.0 % and 4.3 % respectively.

215 **5.1.2 Stratospheric ozone depletion**

216 Electricity consumption during diaper manufacturing was a top individual contributor with 34.8
217 %. This can be traced back to the use of coal as an energy source. Open burning of diapers
218 contributed a relatively small amount in comparison to diaper production (8.7 %).

219 **5.1.3 Ionizing radiation**

220 Diaper production contributed 96.7 % to ionizing radiation with transportation making up the
221 balance. DM electricity consumption was once again a top contributor accounting for 33.9 %
222 whilst the contributed 26.4 %. The electricity contribution can be attributed to the presence of
223 nuclear energy in the national energy mix.

224 **5.1.4 Ozone formation, Human health**

225 Again, DM electricity consumption was a top contributor to ozone formation, accounting for
226 27.7 %. This is due to the use of coal to generate electricity; the combustion of coal leads to
227 the release of many pollutants including nitrogen oxides. The absorbent core of diapers
228 contributed almost the same percentage (27.0 %) to ozone formation. This can be attributed
229 to the use of heavy fuel oil and marine diesel oil to provide energy to freight ships for shipping.

230 **5.1.5 Fine particular matter formation**

231 Diaper production contributed 87.4 % to particulate matter formation. Local electricity
232 produces particulate matter when the coal is combusted to generate steam for the electricity.
233 Thus, it contributed 33.5 % to the total emissions. The absorbent core was a notable
234 contributor as well accounting for 22.9 %. Open burning also releases particulate matter which
235 accounted for 8.4 %.

236 **5.1.6 Ozone formation, Terrestrial**

237 The results for terrestrial ozone formation (0.000239 kg NO_{x,eq}) were similar to those for ozone
238 formation, Human health (0.00235 kg NO_{x,eq}). So, unsurprisingly, the top contributors were the
239 same: DM electricity (27.3 %) and absorbent core (27.0 %). Transport contributed 9.4 %.

240 **5.1.7 Terrestrial acidification**

241 Diaper production accounted for 95.9 % of terrestrial acidification impacts. Electricity
242 contributed 41.7 %; this can be traced back to the use of coal for energy production. SAP and
243 PP component A were also notable contributors with 12.9 % and 15.1 % respectively.

244 **5.1.8 Freshwater eutrophication**

245 Diaper end-of-life was a notable contributor to freshwater eutrophication, accounting for 33.1
246 % of impacts. This was due to leachate produced in open dumps and unsanitary landfills. The
247 treatment of spoil from coal mining was also a contributor to emissions (49.6 %).

248 **5.1.9 Marine eutrophication**

249 Similar to freshwater eutrophication, diaper dumping and unsanitary landfills contributed to
250 marine eutrophication (27.6 %). Treatment of coal spoil in the electricity production process
251 was a major contributor with 54.3 %.

252 **5.1.10 Terrestrial ecotoxicity**

253 The waste scenario was a miniscule contributor to terrestrial ecotoxicity (1.74 kg 1,4-DCB)
254 with 0.17 %. Diaper production and transport to distributors contributed 73.9 % and 25.9 %
255 respectively. Emissions were from a variety of sources including SAP production, SAP and
256 pulp transportation from the Durban Harbour to the factory, DM electricity consumption and
257 locally made PP.

258 **5.1.11 Freshwater ecotoxicity**

259 Unsanitary landfilling of diaper waste accounted for the majority (92.0 %) of freshwater
260 ecotoxicity impacts (0.234 kg ,4-DCB). Diaper production and transport accounted for 7.69 %
261 and 0.29 % respectively.

262 **5.1.12 Marine ecotoxicity**

263 Once again, unsanitary landfilling contributed the most to marine ecotoxicity with 92.7 %. This
264 may be attributed to the uncontrolled release of leachate that is formed in the landfill.

265 **5.1.13 Human carcinogenic toxicity**

266 Unsanitary landfilling of diapers was virtually the only contributor to human carcinogenic
267 toxicity contributing 99.8 %. This may be attributed to the emission of carcinogenic gases from
268 the landfill.

269 **5.1.14 Human non-carcinogenic toxicity**

270 Diaper production contributed 73.7 % to human non-carcinogenic toxicity whilst the waste
271 scenario contributed 23.4 % to the total emissions. A variety of contributors arising from the
272 diaper production stage, including DM electricity, PP components and SAP, were identified.

273 **5.1.15 Land use**

274 Pulp was the major contributor (97.1 %) to land use. This is to be expected as the production
275 of pulp is dependent on the growing and harvesting of softwood trees.

276 **5.1.16 Mineral resource scarcity**

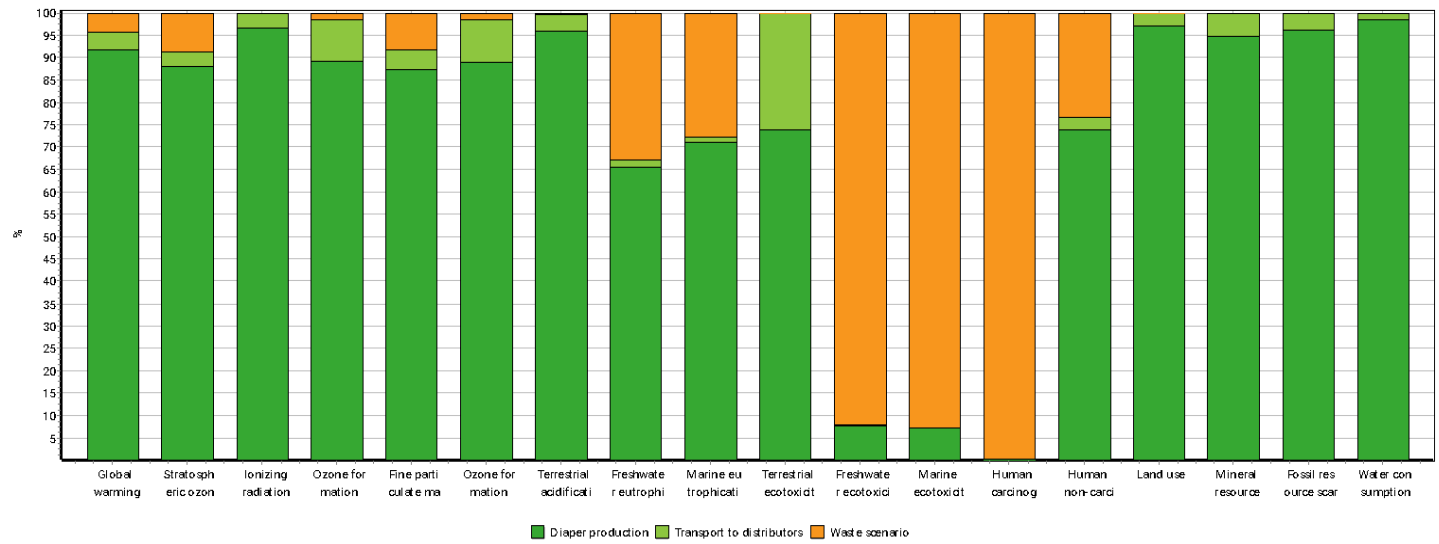
277 Diaper production was the only contributor to mineral resource scarcity. PP components
278 manufactured in South Africa were significant contributors accounting for 55.6 %. The waste
279 scenario was not a contributor. This can be attributed to the fact that the diaper disposal
280 methods do not require any mineral resources to be executed.

281 **5.1.17 Fossil resource scarcity**

282 The total fossil resource scarcity emissions were 0.211 kg oil eq. A variety of DM production
283 materials and processes contributed to this impact category including plastic polymer
284 production, DM electricity and SAP. Transport to distributors was a minor contributor.

285 **5.1.18 Water consumption**

286 As was to be expected, the top contributor was pulp (33.9 %) due to the water consumption
287 during farming and pulp production. This was followed by SAP which contributed 18.9 %.



288

289 **Figure 2: Relative contribution of life cycle stages to different impacts**

290 **5.2 Normalisation**

291 The results of the normalisation can be seen in Table 4. From this, the most significant impact
292 is human carcinogenic toxicity. Unsanitary landfilling of diapers was virtually the only
293 contributor to human carcinogenic toxicity contributing 99.8 %. Thus, whilst the waste disposal
294 was not a major contributor across all the impact categories, it has the largest impact when
295 translated into real world terms. The waste scenario was also a major contributor to freshwater
296 and marine ecotoxicity which also had relatively significant impacts upon exclusion of human
297 carcinogenic toxicity. Once again, these were dominated by unsanitary landfilling of diapers
298 accounting for 92.0 % and 92.7 % respectively. However, this does not mean that the other
299 categories should be totally ignored, instead the normalisation highlights hotspots for
300 improvement.

301 **Table 4: LCIA normalisation results**

Impact category	Total
Global warming	7,62E-05
Stratospheric ozone depletion	5,32E-06
Ionizing radiation	3,17E-05
Ozone formation, Human health	1,14E-04
Fine particulate matter formation	4,96E-05
Ozone formation, Terrestrial ecosystems	1,35E-04
Terrestrial acidification	8,26E-05
Freshwater eutrophication	8,48E-04
Marine eutrophication	6,67E-06
Terrestrial ecotoxicity	1,14E-04
Freshwater ecotoxicity	9,29E-03
Marine ecotoxicity	8,02E-03
Human carcinogenic toxicity	1,79E+00
Human non-carcinogenic toxicity	2,61E-05
Land use	1,49E-05
Mineral resource scarcity	1,24E-08
Fossil resource scarcity	2,23E-04
Water consumption	1,96E-05

302

303

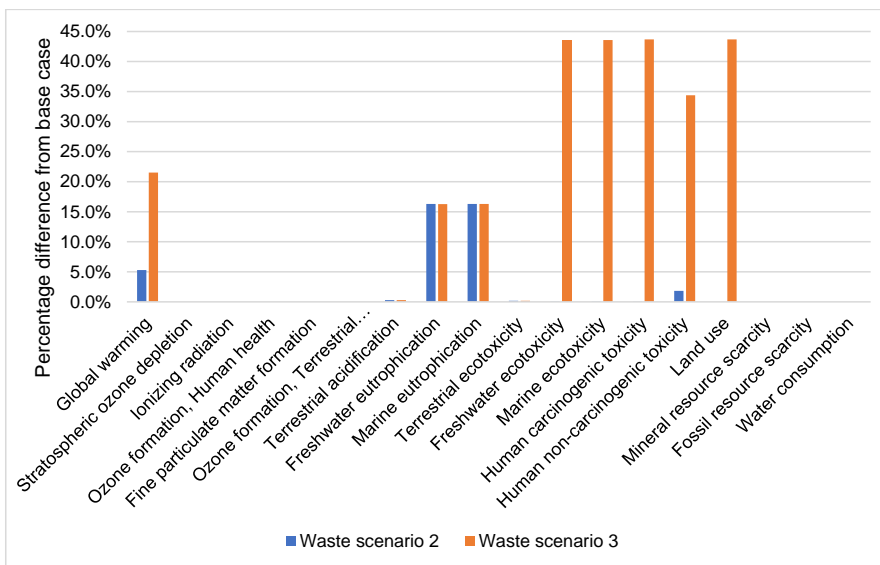
6 Further Results

304 6.1 Pit latrine modelling choice

305 Pit latrines are essentially a pit that is dug for the purpose of human defecation. A shelter is
306 often built around the hole which may include an air vent. Once the pit is almost full, the waste
307 is buried and another pit is dug.

308 As mentioned in section 4.3.2, in the base case waste scenario disposal in pit latrines was
309 modelled as a dummy treatment. The consequences of these choices are investigated by
310 modelling pit latrines as open dumping and unsanitary landfill as waste scenarios 2 and 3
311 respectively.

312 As can be seen in Figure 3, no changes in impacts are observed for some of the impact
313 categories including ozone formation, fine particulate matter formation and ionizing radiation.
314 In the cases where changes were observed, waste scenario 3 had the highest increases in
315 impacts. Waste scenario 3 was particularly significant for human toxicity and ecotoxicity. Thus,
316 the modelling choice for pit latrines is significant when it comes to the waste scenario
317 emissions.



318

319 **Figure 3: Comparing modelling choices for pit latrine**

320

321 6.2 Improper diaper disposal

322 As mentioned in section 4.3.2, it was not possible to accurately portray the end-of-life impacts
323 within LCA. In particular, the impacts of improper disposal of excreta in the environment was
324 not addressed. In K2C, only 12.8 % of the respondents reported emptying the stool before

325 diaper disposal, meaning the bulk of diapers are disposed with stool in them. This is a danger
326 to the environment and human and animal health. Used diapers carry viruses and diseases
327 and their proper disposal is essential to limit human exposure to these (13–15). Excreta has
328 been associated with many diseases including cholera, typhoid and hepatitis.

329 Burning diapers releases a variety of pollutants including carcinogens such as dioxins and
330 greenhouse gasses (14). It is a difficult process due to the wetness of the excreta. This may
331 result in a residue that may be ingested by dogs or other animals such as goats and cows.
332 Further, the ash created can leach pathogens into surface and groundwater sources as it rains
333 (15).

334 Burying, whilst it puts the waste out of sight and less available to humans and animals, has
335 the potential to contaminate ground water sources with pathogens (13,15). This is similar to
336 unsanitary landfilling and open dumping where there is no leachate control, so it is free to
337 absorb into the soil and potentially contaminate ground water. Furthermore, gases that
338 permeate through the landfill and are released into the air may contain harmful pollutants.

339 Open dumping leaves diapers out in the open which may attract dogs and small children. This
340 results in exposure to disease as described earlier and additionally risk of ingestion by
341 animals. Another route for potential risk to health is the dumping of diapers next to rivers or
342 onto dry riverbeds. This has the potential to directly contaminate the river water, when the river
343 starts to flow again. This is a significant risk to community members which rely on the river as
344 a water source. Dumping in rivers also has the potential to damage infrastructure such as
345 bridges as reported by municipal officials. This was attributed to flash floods which occur when
346 the waste dams a river and the water eventually breaks through.

347 A pit latrine has the potential to leach into underground water sources contaminating them.
348 Further, the depositing of diapers in the pit latrine result in the pit filling up quickly requiring
349 more to be dug.

350 **7 Interpretation**

351 Across the life-cycle, the production phase was the mainmajority contributor to impacts with
352 the exception of freshwater ecotoxicity, marine ecotoxicity and human carcinogenic toxicity,
353 which were also the impacts with the highest relative importance. Aumónier, Collins and
354 Garrett, (2008) also found the production of diapers to contribute the most to environmental
355 impacts. During the production phase, manufacturing electricity was consistently a top
356 contributor across the majority of impacts. This raised the contribution of the diaper
357 manufacturing phase which is the opposite of what Mendoza *et al.* (2019) found in their study.

358 The electricity impacts can be attributed to the South African energy source wherein the
359 majority of energy is sourced from local coal deposits. Thus, it stands to reason that the
360 standing of electricity as a top contributor is a situation unique to the South African context.

Commented [A4]: Rephrase this, it does not read well.

361 The absorbent core was also found to be a top contributor to impacts. In the case of SAP, it's
362 production could be traced as the primary contributor to impacts. This is similar to results
363 obtained by Mendoza *et al.* (2019) which found pulp and SAP together contributed 44 - 88 %
364 of impacts. The pulp also played a notable role in impacts associated with the ecosystem.
365 Pulp was found to be the top contributor across the majority of impacts by Cordella *et al.*
366 (2015) (from 29 % for global warming potential to 96 % for cumulative energy demand
367 renewable) with, SAP being the second most significant. The contributions of SAP and pulp
368 can be influenced by the ratios of the in the absorbent core. In this case, the pulp: SAP ratio
369 is 1:0.92. Whereas Mendoza *et al.* (2019) reported a ratio of 1:4. Some studies have been
370 conducted on the efficacy of changing the ratio of SAP: pulp in diapers finding that a reduction
371 in materials leads to a reduction in environmental impacts (6,7).

372 The emergence of these processes highlights potential hotspots for improvement. In terms of
373 electricity, the diaper manufacturing factory can look towards using renewable energy sources
374 and reduce reliance on the national grid which is already strained (16).

375 Whilst there is a national push for the use of locally produced materials it is important to note
376 the potential impacts associated with such a shift. This was demonstrated by the featuring of
377 locally produced PP components e.g. flap material, as a notable contributor in many impact
378 categories. This can be attributed to the fact that the precursor for PP is a by-product of coal
379 processing via the Fischer-Tropsche process. Chitaka, Russo and von Blottnitz (2020) (17)
380 found that polypropylene produced in South Africa had higher GWP than the production of the
381 same material in the United States and Europe. Thus, the push for localisation comes with
382 additional environmental burdens.

383 Diaper disposal was only dominant in three impact categories: freshwater ecotoxicity, marine
384 ecotoxicity and human carcinogenic toxicity. However, the importance of these categories was
385 shown to be significant after normalisation. It is important to note that diapers can take up to
386 500 years to decompose, thus they are largely inert in landfills and dumps (18). Furthermore,
387 the impact assessment methodology chosen only has a 100-year time frame.

388 Diaper disposal presents a greater scope of impacts than can be assessed by current LCA
389 models and research is required to address this limitation. As discussed in section 6, improper
390 diaper disposal presents a real threat to the health and safety of humans and animals. Thus,
391 when developing interventions to reduce the environmental impacts of disposable diaper,
392 emphasis should be placed on waste disposal. Cordella *et al.* (2015) recommend better
393 disposal methods such as recycling to reduce end-of-life impacts however, developing
394 countries have much further to go. Improvements need to be made to service delivery where
395 the waste is actually collected before treatment options can be discussed.

8 Conclusions

396
397 Diaper production, from cradle-to-gate, accounted for the majority of impacts on average (>
398 65 %) except for freshwater ecotoxicity, marine ecotoxicity and human carcinogenic toxicity.
399 In these cases, the disposal of diapers was the higher contributor accounting for 92.0 – 99.8
400 %. Further, according to the normalisation, the most significant impacts from the disposable
401 nappies are those contributing to human and ecological toxicity. Thus, it is important to
402 address these impacts. In order to do this, there needs to be proper waste management of
403 the diaper waste. Thus, interventions to address the impacts of diapers should be focused on
404 the proper management of used diapers. For example, improvement in waste management
405 service delivery to the villages and improved landfill conditions before more high-tech solutions
406 can be considered.

407 Local electricity used in the manufacture of diapers is a top contributor to the majority of impact
408 categories including global warming potential (24.3 %), stratospheric ozone depletion (34.8
409 %), fine particulate matter formation (33.5 %) and terrestrial acidification (41.7 %). This
410 indicates the need for increased energy efficiency and a shift towards renewable sources of
411 energy.

412 The absorbent core is also another area that can be earmarked for improvement. This may
413 be in the form of material reduction or substitution of materials; the potential impact reduction
414 results which have been demonstrated by previous studies (6,7).

415 In the rural areas, the impacts of disposable diapers extend beyond what can be captured by
416 LCA. Thus, there needs to be further research as to how these impacts can be integrated in
417 LCIA methodology. Further, it is important to consider the wider consequences of the use and
418 disposal of diapers in different geographical contexts.

419

420 Declarations

421 Ethical approval was received from [anonymised], reference number [anonymised].

422

423

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