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Supplementary table 1: Maximum fluoride levels in drinking water sources throughout the world

Region / Country	Maximum fluoride level (mg/L)	Source
India	69.7	Jha et al. ¹
Ngarenanyuki, Tanzania	37.2	Idini et al. ²
Pilanesberg and Western Bushveld, South Africa	30	Coetzee et al. ³
Sanddrif, Kuboes and Leeu Gamka, South Africa	30	Grobler et al. ⁴ ; Mothusi ⁵
Kuytun, China	21.5	Fawell et al. ⁶ ; Wang et al. ⁷
Ngurdoto village, Tanzania	20.9	Idini et al. ⁸
Lake Elmentaita and Lake Nukuru, Kenya	20	Kaimenyi ⁹
Abidjan, Ivory Coast	16.78	Osemwegie et al. ¹⁰
Middle and eastern part of Turkey	13.7	WHO ¹¹
Pakistan	13.52	Shah and Danishwar ¹²
Tanzania	12.7	Mjengera and Mkongo ¹³
North Central Province, Sri Lanka	10	Dissanayake ¹⁴
Hordaland, Norway	9.48	Bardsen et al. ¹⁵
Munster, Germany	8.8	Queste et al. ¹⁶
Uwiro village, Tanzania	8.4	Idini et al. ¹⁷
Senegal	7.4	Brouwer et al. ¹⁸
Tibiri, Nigeria	6.6	Wongdem et al. ¹⁹
Pohang and Gyeongju, Korea	>5	Kim and Jeong ²⁰
Bongo, Ghana	4.6	Apambire et al. ²¹
Tenerife, Spain	4.59	Hardisson et al. ²²
Alberta, Canada	4.3	WHO ¹¹
Texas, USA	4.3	Reardon and Wang ²³
Indonesia	4.2	Fawell et al. ⁶
Illinois, USA	4.07	Cohen and Conrad ²⁴
Sudan	3.55	Ibrahim et al. ²⁵
Wonji–Shoa Sugar Estate, Ethiopia	>3	Tekle-Haimanot et al. ²⁶
Czech Republic	>3	Heikens et al. ²⁷
Northern and Central Poland	>3	Czarnowski et al. ²⁸
Finland	>3	Azbar and Türkman ²⁹
Hail, Saudi Arabia	2.8	Al-Khateeb et al. ³⁰
Hermosillo and Abasolo, Mexico	2.8	Díaz-Barriga et al. ³¹
Mecca, Saudi Arabia	2.5	Akpata et al. ³²
Rift Valley, Uganda	2.5	Rwenyonyi et al. ³³
Olho D'Agua, Brazil	2–3	Cortes et al. ³⁴
Japan	1.4	Tsutsui et al. ³⁵
Coronel Dorrego, Argentina	0.9–18.2	Paoloni et al. ³⁶
Thailand	>0.9	McGrady et al. ³⁷

Supplementary table 2: Summary of the comparative efficacies of different defluoridation techniques

Defluoridation technique	Method	Testing environment	Fluoride removal	Source
Adsorption	Fine coffee grounds	Groundwater	56.67%	Siaurusevičiūtė and Albrektienė ³⁸
Adsorption	Iron sludge	Groundwater	62.92%	Siaurusevičiūtė and Albrektienė ³⁸
Adsorption	Zirconium onto porous starch	Drinking water	25.41 mg/g	Xu et al. ³⁹
Adsorption	Nepheline (alkali-hydro-thermal process)	Aqueous solutions	183 mg/g	Wang et al. ⁴⁰
Nanofiltration		Groundwater	Fluoride rejection: 90%	Brião et al. ⁴¹
Reverse osmosis		Groundwater	Fluoride rejection: 98%	Brião et al. ⁴¹
Ion exchange		Aqueous solutions	90–95%	Kumar et al. ⁴²
Membrane filtration		Aqueous solutions	99%	Kumar et al. ⁴²
Electrocoagulation		Aqueous solutions	85.5%	Kumar et al. ⁴²
Electrocoagulation	Aluminium electrode	Drinking water	97.86%	Takdastan et al. ⁴³
Adsorption	Purolite A520E resin	Aqueous environments	64.6%	Nasr et al. ⁴⁴
Adsorption	Cupric oxide nanoparticles	Aqueous solutions	97%	Bazrafshan et al. ⁴⁵
Adsorption	Earth-modified alumina	Aqueous solutions	26.45 mg/g	He et al. ⁴⁶
Adsorption	Alumina supported with fungus hyphae	Aqueous solutions	≈90%	Yang et al. ⁴⁷
Adsorption	Aluminium hydroxide modified diatomite	Aqueous solution and natural groundwater	89%	Akafu et al. ⁴⁸
Adsorption	Zirconium onto tea powder	Drinking water	12.43 mg/g	Cai et al. ⁴⁹
Adsorption	Activated carbon: banana peel and coffee husk	Aqueous solution	80–84%	Getachew et al. ⁵⁰
Adsorption	Single-walled carbon nanotubes	Aqueous solution	87%–100%	Balarak et al. ⁵¹
Adsorption	Diatomaceous earth modified with Mg/Ce/Mn oxide	Aqueous solution	>93%	Gitari et al. ⁵²
Adsorption	Activated carbon: Indian bael shell	Aqueous solution	52%	Singh et al. ⁵³
Metal organic frameworks		Aqueous solution	41.36 mg/g	Zhao et al. ⁵⁴
Adsorption	Activated carbon: cow bone	Aqueous solution	93.6%	Alasmari et al. ⁵⁵

Supplementary table 3: Previous studies with bones obtained from domestic animals

Bone origin	Source
Bovine	55–63
Porcine	64,65
Ovine	66
Caprine	66,67
Chicken	68,71
Fish	72,73
Camel	74,75
Undeclared	74,79

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